

AAM Combined Predictions

Transmitted Through Ronna Herman - Predictions Edition

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WISDOM TEACHINGS FROM ARCHANGEL MICHAEL

PREDICTIONS ISSUE * NOVEMBER/DECEMBER, 2019 ** SEDONA JOURNAL

TRANSMITTED THROUGH RONNA / SACRED SCRIBE

WHAT ARE YOU DOING WHILE WAITING TO ASCEND?

Beloved masters, as we monitor your progress, measure the “Light Quotient” of your thought patterns, and observe how valiant and stalwart you are in your endeavors to integrate the wondrous energies of Creator-consciousness, we are most gratified, as well as amazed at your astounding progress. The maelstrom of negative thought forms that have swirled throughout the three lower astral planes, affecting humanity for eons of time, are gradually being replaced by uplifting thought forms of hope, inspiration, joy. This will allow the now prevalent reality of scarcity, limitation and negativity to be replaced with an assurance that abundance, peace and harmony is everyone’s Divine birthright. All you have to do in order to claim your heritage is to accept as your truth that you are worthy, and then to solidify that reality via your positive thoughts, deeds and actions.

A wondrous new vision, a powerful probable future for humanity and the Earth is awaiting your entrance into a Fifth-Dimensional environment. It is being strengthened and magnified moment-by-moment. It is a future whereby all humanity, as well as the mineral, vegetable, animal, human, Devic and Elemental kingdoms will peacefully co-exist on Earth. Envision an Earth which is pristine in its beauty, which has sparkling clear water, and clean healthy air to breathe. It will be a world of abundance and plenty, whereby no one will suffer from lack of adequate food, shelter or opportunity. It will be a world whereby different races, cultures, beliefs and traditions are honored and respected – where no one tries to force his/her beliefs on others or deny others the right to live their own truths and follow their own customs.

As more and more of you slowly withdraw your attention and thoughts from the self-limiting thought patterns of old, they are gradually dissolving and becoming ineffectual. Have we not told you over and over again, “Your thoughts have energy – positive or negative – and what you focus on, you magnify.”

Many of you are so caught up in the desire to ascend, and to live in a perceived paradise of the higher dimensions, you are forgetting and neglecting the beauty, joy and the benefits of experiencing the magnificence and wonder of the journey. Each phase of new awareness or expanded consciousness has its special miracles and benefits, which are to be savored and enjoyed. Each time you release some old self-limiting, painful thought form, habit or discordant energy within, you are transformed, and you remove a small (or large) part of

your disguise, which allows you to integrate another Facet of your wondrous God Self. In doing so, you are gradually creating a new empowered you, and a new reality opens to you, whereby you have access to many new concepts, as well as new talents, and your sensitivity to the exquisite nuances of Spirit miraculously unfold around you.

Those of you who have followed our teachings over the years are aware that the major theme for the Spiritual-human experience on planet Earth has been separation, duality and polarity, with an ultimate goal of returning to balance, harmony and oneness with your multi-dimensional Self, and unity consciousness with ALL.

Each of you fragmented your Divine Self into hundreds of individual Sparks of consciousness as you ventured forth to fulfill the Divine Mandate of the Creator, "Go forth and create new worlds without end in my name." Along the way many of you forgot that there is a Universal Law that states, "You must experience that which you have created."

The great multitude of seekers who have moved back onto the path, which leads to harmony and a reunion with Spirit, have primarily done so because they became tired of the pain and suffering of the past. And so, your Soul-Self finally got your attention so that you were ready to listen to the whisperings of Spirit. Those of you who have diligently sought your higher truth, and have striven to live and exemplify that truth are now reaping the rewards. You are learning that you are in control, and you are not being tossed around by the whims of fate. You are not being punished or rewarded by anyone, for you have realized that you are responsible for your thoughts and actions, and you create your own reality – ALL OF IT! – via the harmonious or discordant frequency patterns you emit. You have finally realized that you are not surrendering anything, but when you align your will with the Creator's Will, you make way for unlimited miracles and possibilities to enter your life.

We have discussed in-depth about bringing all the Facets of your multiple chakra system back into harmony, and the importance of integrating and balancing the virtues, qualities and attributes of the Rays of God-Consciousness. If any one Facet of your Being is out of balance, none of the others can function at its maximum potential. You are meant to be a composite Spiritual/human being with a unified consciousness. In most human beings, the physical senses and desires of the body have overridden the more subtle senses of their spiritual nature.

A person who lives mostly in a mental world is lacking or missing out on the wonders, strength and delight of the heart, the refined emotions, and the Soul. A person who is driven by his/her emotions is living in an unstable world, which has no foundation or structure, and is susceptible to the emotional highs and lows of every day occurrences, and those around him/her. A person who has disconnected from Spirit lives a life without hope, and no matter what he/she may attain or accumulate in the physical world, he/she lives an existence that does not sustain the Soul, a life without the luster of lasting, heart-felt gratification. Humanity has focused on the emotions of Spirit for thousands of years, and have neglected the science or mental aspects of spirituality.

The Universe and all creation function under the immutable Universal Laws as decreed by the Supreme Creator. Know the laws and live in harmony with them, and you will exist in alignment with Creator Will. As a result, you may be assured that all the beauty, bounty and abundance of the Universe will be yours for the taking.

Returning to harmony and balance within, what we call the four lower bodily systems, physical, mental, emotional, and etheric, is the next vital step after coming to an understanding about the energies, qualities and attributes of each chakra and how they affect the four bodily systems.

It is imperative that you stimulate and work on your emotional intelligence and your mental intuition. You need to redefine your altered ego-desire body, and re-establish the proper relationship between your ego and your Soul-Self. The ego was designed to function under the direction of the Soul, not the other way around; whereby you are to focus your attention on your inner world of reality instead of the illusion of the outer world. You will no longer look for some event, some person or some thing to give you a moment's satisfaction or happiness – things that are usually fleeting, and often fall short of your expectations. When you turn inward for validation of your self-worth, and to feed your emotional and spiritual yearnings, you will tap into that wellspring of unlimited sustenance.

Many of you have chosen to experience strong First, Third or Fifth Ray energies, which often lead to a tendency to function almost exclusively within the left (mental) hemisphere of the brain structure – with a linear, outward focused, analytical mind-set. A major focus of your life's lessons is to learn to use the abstract / emotional right brain structure, and to explore and integrate the emotional facets of your nature.

Second Ray people are apt to be more balanced in their bodily nature, whereby they explore and use both the right and left hemispheres of the brain, but this is not always the case. However, those who have chosen to experience and balance the Fourth, Sixth and Seventh Rays during this lifetime are inclined to function mostly within the right brain structure, and they tend to be very emotional in nature. Their world is often perceived as an emotional roller coaster, and it is very difficult to find a balance or to live a harmonious existence.

Your goal is to blend and harmonize the major bodily chakras of your physical being – to balance your mental and emotional energy fields, and to OverLight them with your Spiritual Essence. We will define each category so that you may quickly identify what you need to focus on and rectify.

MENTAL BODY FOCUS * When the mental body is the major focus, your beliefs, attitudes, and knowledge are derived from text book and historical/traditional facts without the benefit of emotional or spiritual validation. You tend to be very analytical, often rigid, judgmental and you must maintain intellectual control. You have limited visionary abilities, and you only believe what is tangible and what can be proven scientifically.

EMOTIONAL BODY FOCUS * When the emotional body is the driving force within you, you are vulnerable to the strong emotional tide of the mass consciousness and your ego-desire

body. You must examine and discover how your emotions drive and control you through your desires and wants, and you must closely examine your motives.

MENTAL BODY with SPIRITUAL BODY OVERLIGHT * You have learned to utilize the wisdom of your Superconscious mind as you integrate all the attributes, qualities and virtues of your God Ray and Soul Ray, and you have learned to focus on the Still Point of the NOW. You have perfected the process of healing the past, scripting the future, and living in the power of the moment.

EMOTIONAL BODY with SPIRITUAL BODY OVERLIGHT * As the mental and emotional bodies are harmonized, you will have learned to rely on your mental intuition as you seek to validate and integrate the higher truths you are accessing in your never-ending quest for en-Lighten-ment. You validate your truths through your heart/Soul monitor, and then you live by those truths to the best of your ability. New expanded thoughts and concepts become the norm.

EMOTIONAL/MENTAL BODY UNITY = EMOTIONAL INTELLIGENCE * The emotional energetics you radiate along with your focused intent are some of the most important components in the creation process. When there is a balance of power between your emotional and mental bodies, you begin the process of understanding yourself, and you learn to identify the driving force behind your actions. You learn to harmonize your will with God's Will as you begin to understand the workings of the Universal Laws. The desired mode is emotional detachment, as you move gracefully and surely toward your desired goal.

SPIRITUAL/MENTAL BODY CONSCIOUSNESS * When you begin to use the intelligence of your Soul-Self, you tap into the unlimited possibilities of the Cosmic Stream of Divine Light. You learn how to bypass the distortions of the Third/Fourth-Dimensions as you create and use your Pyramid of Power/Light in the Fifth Dimension. That is when the miracles truly begin to happen, and you will know without any doubt that you are partnering with Spirit in all your endeavors.

SPIRITUAL/EMOTIONAL BODY CONSCIOUSNESS * Love tempers your emotions, and although you still have a human nature, you have learned discernment, and you become detached from all the negative life drama going on around you. You now view the events in your life from a higher vantage point – that of a Self-master.

HARMONIZED SPIRITUAL / MENTAL / EMOTIONAL / PHYSICAL CONSCIOUSNESS * You derive nurturance from your indwelling Spirit, and from our Father/Mother God via your God Ray. You stop looking outside yourself for validation of your self-worth. You no longer experience the extreme highs and lows as you move into a state of joy or bliss. You learn to live in the world, surrounded by a sphere of higher frequency Love/Light that you have created, as you expand your consciousness to incorporate the great variety of multi-dimensional expressions now available to you.

You are now living in an ascended state of consciousness as you unite with the multiple Facets of your God Self. You move out of a state of becoming into a state of BEING. You have

developed clear-seeing and pure intention, and the fog of illusion no longer affects you. You mold and create your greatest visions and desires from the storehouse of Divine unmanifested potential, and you live in harmony with all Creation.

You develop an unerring assurance that you can have or become anything you can envision, if you are willing to put forth the effort to accomplish your goals. You have learned to rely on your angelic helpers, and you gain strength and sustenance from their presence. You will then be seen and defined as a unified, radiant SPIRITUAL BEING IN HUMAN FORM.

Brave hearts, we can offer you tools and knowledge, and we can encourage and inspire you; however, you must be willing to turn the knowledge into wisdom, and take the necessary action to reclaim your Divinity and the glorified state that awaits you. I am your faithful companion on the journey. You are loved beyond measure. I AM Archangel Michael.

TRANSMITTED THROUGH RONNA VEZANE * STAR*QUEST* www.StarQuestMastery.com

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CREATOR ESSENCE ** ENERGY FIELDS OF LIGHT IN PYRAMIDAL FORM:

Our Father-Mother God, the Elohim, and the Archangels created living Pyramids of Light within every level of Creation so that we may access the White Fire Memory Seed Atoms of life (Adamantine Particles of Creator Essence). These life-giving forms give access to the frequencies of Light, which are necessary components of transformation so that we, as human beings, may return to a state of higher consciousness – our Divine State.

ETHERIC BODY:

The golden etheric web contains the perfect blueprint for the human body – it is the invisible replica of the physical body, which is also known as the astral body or etheric body. It contains the perfect blueprint for our four lower physical bodies: physical, mental, emotional and etheric. It sustains and vitalizes the material form, and it controls the digestive and assimilation processes. It also repairs the damages in the physical form caused by the “wear and tear” of living. The etheric body is the memory body, and it is susceptible to our thoughts and emotions – both positive and negative. Disease or debilitation occurs first in the etheric body, and then gradually infiltrates into the physical vessel. It is also true that the balancing and harmonizing of the physical vessel begins within the etheric body, and then gradually manifests in the physical body.

OUR MENTAL BODY IS A TRINITY OF CONSCIOUSNESS CONSISTING OF:

THE CONSCIOUS MIND, which is composed of the intuitive right brain hemisphere, and the linear thinking, reasoning, analytical left brain hemisphere. The mind controls the brain, which was designed to be an extension of the superconscious mind and our OverSoul/Higher Self.

THE SUBCONSCIOUS MIND or our subjective mind records and stores everything we experience: what we see, hear, think and feel emotionally. The subconscious mind takes everything literally. It does not matter if we have experienced an event or just imagined it vividly; the subconscious mind registers it as a fact. That is why it is so important to change negative, debilitating past memories into positive memories. Our thoughts and intention resonate to specific frequencies, and by changing the frequency patterns we project through the use of will power and conscious effort, we can create the life, physical health and circumstances we desire.

THE SUPERCONSCIOUS MIND. As we raise our frequency patterns and vibrational field of consciousness, we are able to tap into higher and higher levels of Creator-consciousness. The superconscious mind has a direct flow of wisdom from the Divine Mind, once we have cleared the static and distortions from the column of Light that connects us to our Higher Self and to our OverSoul/Higher Self and our Fifth-Dimensional Sacred Triad.

The thoughts we think, and the emotions we feel create the cause and effect or karmic reactions in our worldly experience. When we raise our vibrational patterns and return to harmony within our emotional and mental bodies, we step off the wheel of karma and move into a State of Grace.

Forever love and angel blessings, dear friends. Ronna

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PREDICTIONS 2016 AND BEYOND

AAM Combined Predictions - Month 12

MESSAGES FROM ARCHANGEL MICHAEL * LM-12-2015

TRANSMITTED THROUGH RONNA

PREDICTIONS 2016 AND BEYOND

GAINING ENTRANCE INTO THE FIFTH KINGDOM OF GOD-CONSCIOUSNESS

Beloved Masters, the Ascension goal for humanity, within this era of earthly experience, is to integrate all of the remaining Soul Fragments of the individual Soul Self within the Third and Fourth Dimensions. This will initiate a reunion with your Spiritual Triad, a Sacred Facet of your Divine Self, which is awaiting your return within the first sub-plane of the Fifth Dimension. This is humanity's major goal for this round of evolution.

Remember, ALL Creation—the Omniverse at all levels—is Cosmic Energy, which was sent forth from the Heart-Core of the Supreme Creator. This Energy is composed of vibrational frequencies of infinite variations, which interpenetrate with each other, and yet are separated from each other by the variance in Light frequency patterns. The Light/Energy of the Creator contains all the components of Creation, and these innumerable, Seeded Patterns of Light make up the complexity of the many levels of material manifestation. The terms used to describe the multiple levels of Creation; such as “dimensions and sub-dimensions” are used to bring clarity and understanding of the very complex nature of the reality in which all Creation exists. We have defined the stages or levels of the Ascension process that humanity is currently experiencing as “STAGES OF EVOLUTION.” After you return to balance and harmonize your mental, emotional, physical and etheric bodies within the vibratory fields of the Third Dimension, you are ready to focus on the Fourth Dimension and the Emotional-Astral Planes.

Most of the advanced Souls who have incarnated within the last fifty or so years came in with their Third-Dimensional Soul Fragments already harmonized and integrated, and many came in with a good portion of their Fourth-Dimensional fragments integrated as well. These precious Souls are the ones who agreed to sink into the density of the Third-/Fourth-Dimensional illusionary density so they could become the Vanguard /Wayshowers who would lead the Way onto the upward spiraling Path into the entry realms of the Fifth Kingdom. As these brave Light Bearers are lifted up, so is the Earth and all humanity.

A period of great renunciation prefaces the complete transition out of the Fourth Human Kingdom (the Fourth Dimension). You must experience the challenges and tests of the fourth stage of the Ascension process, so that you may return to the originally designed path of Light and shadow, in order to complete the journey of duality. In doing so, you will gain

entrance into the Fifth Kingdom of the Sacred Triad, which is the foundation of the Fifth-Dimensional reality.

(Each person's renunciation process varies depending on the overlay of negative vibrational patterns they carry within from his/her many past life experiences).

At the end of the Fourth-Dimensional stage, the many Fragments or Soul extensions of your Soul-Self from within the Third/Fourth Dimensions will have returned to the center of origin within your Diamond Core God Cell. Your goal is to become a living, consciously integrated, Soul-infused personality. A Soul-inspired mind seeks and conveys illumination. Over time, you will tap into your higher, intuitive nature, which will assist you in developing a more refined and expansive perception. A completion of the Fourth Stage of Evolution will result in a fusion of Love/Intelligence between the Soul and personality.

Yes, it is possible to achieve this spiritual state of Soul-awareness while in the physical vessel. At this time, many StarSeed Souls are close to accomplishing this goal. It will become a common occurrence over the next twenty or so years, and the Ascension of humanity will accelerate throughout this century. This unique phase of Ascension was designed to be a "Group Ascension," whereby groups of specialized Souls, which came forth together into this Sub-Universe, are gradually reuniting. Your journey into separation is complete, and you are joining together once more as you begin this amazing adventure back into the higher realms of Light and life.

You will learn that in order to become a SELF-MASTER, you must become:

SELF-DETERMINED *** SELF-CONDITIONED *** SELF-AWARE *** SOUL-CONSCIOUS

A Self-master is responsive to the surrounding environment, while being the observer of mundane life experiences from a higher vantage point. You will learn what it means to "Be in the world, but not of it."

The Soul's nature is love; therefore, you will begin to experience abounding joy and radiant love from within your Heart/Soul. You will still experience personal and physical distress; however, you will have the wisdom and the tools to transcend it.

The Soul's main purpose for incarnating in a body is not to learn; its desire is to experience. Within Its original realm, the Soul has Cosmic Consciousness. The Soul assumes a physical vessel in order to experience physicality, and in that state of Being It seeks realization and understanding via various degrees of physical brain consciousness. A Soul-infused personality's main purpose is to become proficient in bringing down, into the physical Plane, the highest frequencies of God-Consciousness that he/she can embody and radiate out into the world. This results in illumination and Self-mastery.

Through the process of integration and assimilation, the Soul Self slowly reunites all the Fragments of Itself within the Third and Fourth Dimensions into the physical vessel, thereby creating a Soul-infused personality. The Will of the Soul and the will of the human

personality must blend in order to align with the next higher level of God-Consciousness. Remember, the Soul is only a dim reflection/Facet of Its original God-Seed Atom within this Sub-Universe. The Soul's ultimate goal has always been to eventually return to a state of Divine Consciousness.

While in a physical vessel, within this solar system, and during these times of transformation, your return journey from materiality involves experiencing and harmonizing the various Sub-Dimensional levels of sentience—or what has been designated as STAGES OF CONSCIOUS AWARENESS—which necessitate correcting and harmonizing of various negative thought forms of consciousness within the many Soul fragments you have created down through the ages. In doing so, you are gradually integrating these precious Facets of yourself. Over time, on this journey of Ascension, you have integrated all of the lower-frequency Soul Fragments you have created and you are now in the process of downloading, via your Soul Star, all of the higher-frequency Facets of Soul-consciousness.

The Superconscious Mind and the Soul work in harmony one with another, once a person begins to awaken to and heed the inner voice of Spirit. The Soul Self begins to download or radiate Its storehouse of mental and emotional wisdom, via Its Memory Seed Atoms, into the individual's physical, emotional, mental and Etheric Being. These memory cells of consciousness are carefully monitored and calibrated to be of no higher frequencies than the physical vessel can accommodate. These thought form patterns will gradually increase in Light quotient, consisting of higher frequency energy, as the aspirant progresses on the Path of Light. In graduated stages, there is a fusion or conscious merging of the Soul and the ego-desire body/personality, until a point of equilibrium is achieved. This is called a "Soul Merge," whereby the seeker becomes a Soul-infused personality.

The Fourth Dimension could be called a "transitional reality," for this is where humanity begins to let go of all the preconditioning of the past. The Fourth-Dimensional realm is more emotional in nature, and therefore, the heart and feeling nature begin to be the major focus. The ancients called it the "Realm of Maya or illusion."

The collective mass consciousness of humanity created the lower three levels, which are the Astral Planes of the Fourth Dimension, and this is where most of humanity exist mentally until they gradually begin to turn inward and listen to the nudgings of their Higher Soul Self. The ego-desire personality is the master manipulator of this realm, and it constantly urges one to seek more satisfaction and happiness via sensation and acquisition.

When the Fourth-Dimensional stage of awareness is almost completed, you connect with your Sacred Triad, via the Antakarana, which is a direct stream of Life/Light from your God-Seed Atom. At that time, a Memory-Seed Atom, stored within the Root chakra at the base of the spine, gradually begins to spiral up through the Light Rod of Power, along the spinal column, and then anchors within the Pineal Gland. This, in turn, will activate another Memory Seed Atom of higher awareness—your new Divine Blueprint for the coming age—within the Pineal Gland.

You will begin to tap into your inner power potential as you move into the higher sub-levels of the Fourth Dimension. Matter becomes more fluid, and therefore, it becomes easier to manifest what you desire. That is why you must learn to be decisive and to focus your thoughts with clear intention. A disciplined mind links the chains of thought together in a proper order. It is vitally important for you to understand that scattered thoughts are detrimental to your progress. Living in the present moment—in the NOW moment—is a critical component in attaining Self-mastery. Mental effort is required in order to successfully traverse the path of illumination.

Gradually, a good portion of your memory of past events will begin to fade as you move out of the realm of the instinctual brain/mind into the realms of the cosmic stream of knowledge and your Sacred Mind. Important traits of a Self-master are focused observational abilities and harmlessness in thought, word, and deed. As an aspirant on the Path, greater and greater cosmic truths will be revealed to you. However, you should be aware that the lesser principles of ageless wisdom will constantly be expanded to incorporate the unique rules, laws and truths of the next level of existence in the never-ending cycle of Ascension in consciousness.

AS YOU PREPARE FOR ENTRY INTO A FIFTH-DIMENSIONAL ENVIRONMENT, YOU WILL EXPERIENCE AN UPGRADING OF YOUR EMOTIONAL ATTITUDE AND AN INCREASE IN YOUR MENTAL APTITUDE.

It is important that you not run away from “unfinished business,” but stay in your present environment (circumstances) while you are deciding what your “destiny passion” is (or what your next step into Self-awareness is to be). You must resolve and harmonize the major issues that remain within your auric field—the old business at hand. In other words, if your home life is in chaos, or if you are dissatisfied in the work place or in any of your personal relationships, there is inner work to be done before you can manifest harmony and balance in your outer world.

Take an inventory and endeavor to discover what lessons are to be learned from each situation. Endeavor to see the best in everyone, and consciously seek to make an attitude adjustment. Every person you interact with, and every situation that is presented to you each day that makes an impact on you, contains a lesson to be learned.

The greatest thing that is holding everyone back from attaining Self-mastery and claiming the beauty, bounty, joy, peace and harmony—which is the Divine Birthright for all humanity—is fear. Fear of failure; fear of the unknown; fear of success, and of moving out of the comfort zone of your present existence.

We have stated before, “Your earthly contract for this lifetime is in the final stages of completion,” and that applies to every Soul on Earth. We have stated that the Divine Plan has moved to the next phase or level—time is running out—and this means that everyone must move forward on the spiral of Ascension. This also means that every person on Earth is being given an opportunity to write a new “Galactic Contract.” That means Scripting Your

Future or your future will be decided for you, and it will not be nearly as exciting and filled with potential. Each person must take responsibility for their own past, present and future. It is more important than ever for each person to “KNOW THYSELF.”

My brave Bearers of the Light, at one level, the collective consciousness of humanity has moved deeper into a sense of separation, fear of violence, and anxiety about what the future holds. However, there is another band of human collective consciousness that is becoming predominant, for this one is growing in strength exponentially day-by-day. This overlay of consciousness is permeated with unconditional love, hope, desire for peace and harmony amongst all human kind. We tell you that the second band of consciousness—the band of Light—is and will overcome the shadows of fear and separation. The progression of the cosmos in the evolutionary spiral for the return to higher consciousness among all the Facets of Creation will not be delayed or denied. You are truly beginning to understand, and the yearning within is growing stronger and more compelling as you reach higher and higher on your personal sacred journey. In the beginning of this Sub-Universal journey, we were in perfect rapport and finely attuned one with another. Together, we are slowly but surely returning to that beautiful state of Oneness. I am your faithful friend and constant companion, I AM Archangel Michael.

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www.QuestForMastery.org * Email: RonnaStar@earthlink.net