

# AAM Combined 2007

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*Transmitted Through Ronna Herman - 2007 Edition*

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## OPENING THE PORTAL TO YOUR SACRED HEART

TRANSMITTED THROUGH RONNA HERMAN

Beloved masters, your journey into density has been quite an adventure, and has spanned billions of years according to your timekeeping. We have explained how, as you moved deeper and deeper into the great void and the darkness of space, you assisted in filling that void with Light, substance, texture and shapes beyond your wildest imagination. And then, according to the Divine plan, you submerged yourself within each new reality you had helped fashion so that you could experience creation in its many magnificent, diverse forms. Thus began the manifestation of solid matter via pure thought brought forth from the Mind of the Supreme Creator, and later from the mind of the Father/Mother God of each universe, and eventually via your own thoughts as you moved further and further from the pure Source of all creation.

After you came into your individualized consciousness, realizing that you were a Divine Spark of the Supreme Creator, the ALL THAT IS, you knew that you were predestined to journey forth into the great unmanifested void as an emissary of Light, for it was encoded deep within your immortal soul and your sacred heart core. You, along with all the other “awakened Sparks of consciousness,” were destined to experience all the wondrous diversity of creation for the Creator, our Father/Mother God, and all the great Beings of Light who remained in the rarified realms.

We tell you this because we wish to impress upon you how ancient and complex you are. You came into this lifetime with a wealth of knowledge and a rich, complex lineage encoded within your DNA, your cellular structure, your mental and emotional bodies and your extensive chakra system of awareness. You often wonder why the members of a family are so different when, from a narrow point-of-view, they came from the same parents and lineage. The lineage of your earthly family in this lifetime is only a minuscule portion of your vast and priceless heritage.

You have separated your consciousness or fragmented yourself millions of times in order to experience the great diversity of Creation, and you have also reunited with many of the multiple facets of yourself more times than you can count. Each time you did so, you added more complex information and unique experiences to your memory bank. The further you moved away from the perfection of the Supreme Creator, and the deeper you moved into multi-dimensionality, the denser and less perfect your creations became, for you had less pure Light substance to work with. Therefore, there is no blame and there should be no feelings of guilt and failure. It was a learning experience; however, it is now time for you to reclaim your self-mastery and the ability to create things of beauty and harmony in accordance with the original Divine plan. Now that you are aware that you have the power to tap into an unlimited suppl

y of pure primal life substance and the Love/Light of purity and perfection, what are you waiting for? The rejection of your Divine birthright is a travesty, and your Higher Self will not relent in its nudgings to help you awaken and claim your royal heritage.

We have explained how the spectrum of Light and shadow was created in this universe so that you could experience duality and polarity. In the higher dimensions, those closest to our Father/Mother God and the Great Central Sun, the duality spectrum is very narrow; however, it became broader and more pronounced as each dimension was established until it reached what was to be the maximum duality that was to be experienced. You are aware that it was not ordained or intended that humanity should sink so deeply into duality and polarity thereby causing so much pain and suffering. The time has arrived for the distortions and excesses of the past to be brought back into harmony, and it is our greatest desire to assist you to move through this process with ease and grace.

Will you please heed our words: You are not judged and never have been by anyone or any Being from the unseen or higher realms; **YOU ONLY JUDGE YOURSELVES!** Under the universal laws of cause and effect, all your thoughts, intentions and deeds are stored within your auric field and your chakra system, and you radiate the vibrational patterns thereby created, which go forth from you in an infinity pattern and return to you in like frequencies and measure. In the past, it often took many lifetimes to reap the rewards for positive, loving actions, or to experience the penalties for negative or hurtful actions. Therefore, most often, it was not obvious that the “righteous” are indeed rewarded, and the “unrighteous” also receive their just rewards in kind. Again, no great or small Being is doling out rewards or punishment. The universal laws are firmly in place and your own Higher Self monitors your progress or lack thereof, either clearing the way ahead and blessing you with miracles large and small, or by placing more obstacles before you in hopes you will awaken and step onto the spiral of ascension.

Beloveds, too many of you are carrying great burdens from the past, mistakes you have made in this lifetime, and also many from past conditioning and buried memories of painful events or actions from all your previous lifetimes. Holding onto these memories or carrying the “burdens of inequity” no longer serves you. It is time for you to allow us to help you heal the painful memories of the past, just as we are clearing the distortions of the third- and fourth-dimensional collective consciousness belief patterns and bringing those dimensions back into their originally designed spectrum of duality.

As you descended into the restricted, limiting realms of consciousness, membranes of Light were placed around the multiple strands of your DNA, leaving only two accessible and active. Membranes of Light were also placed ov

er your memory, as well as around the Light Packets of wisdom stored within your higher brain structure. A veil was put over your memory so that, most often, you could not remember your past lives, for it would be too much of a burden to remember all your past mistakes and imperfections. It was an act of mercy, for it has proven difficult enough for you to forgive yourselves for your errors and misjudgments in this lifetime, much less all your

past aberrations. These restrictive membranes of Light are slowly dissolving as you return to balance and harmony and advance on the spiral of ascension and reunification. A membrane of Light was placed over the portal at the back of your Sacred Heart Center until it was time for you to begin your journey back into the higher dimensions and the realms of Light. However, you and you alone placed a membrane of protection over the front vortex of your Sacred Heart Center because you have been hurt, disappointed and disillusioned so often. Slowly, but surely, through the techniques we have given you, you have dissolved those restrictive membranes so that the Love/Light can flow freely to and from you in the way it was intended. In order to access and radiate the ever-increasing frequencies of Light, you must be able to integrate and permeate your Being with these advanced vibrational patterns, and you must be prepared to radiate them down into the core of the Earth and then project them out into the world-at-large via your Sacred Heart Center portal, from both the front and the back.

Remember, we told you that when you first came to Earth, you were a shining crystalline Pillar of Light. Slowly as you sank into the density, you began to build a cross of matter that became more and more unwieldy as your spectrum of Light and shadow increased. Now you are loving those fragments you have created back into balance and harmony as you seek and tap into higher and higher frequencies of Light. You are in the process of become a cross of Light, beloveds, as your spinal chakra system becomes ignited and you radiate Love/Light from your Sacred Heart Center in front and behind you.

We have repeatedly told you to 'heal the past, script your future and then live in the moment,' for this very moment is the Still Point or the power center of Creation Why not move into the center of that spiral, into the eye of duality and polarity where all is calm and peaceful, and filled with pure, rich, primal life force substance just waiting to be molded into your vision of the future? This very moment, as you move into your Sacred Heart Center, you can experience the profound love and compassion of our Father/Mother God and the Supreme Creator, and know that you are a treasured son/daughter on an important mission, and nothing you can say or do can diminish that love.

REMEMBER, YOUR EMOTIONAL, MENTAL AND ETHERIC BODIES CAN BE HEALED AND TRANSFORMED BACK INTO WHOLENESS VIA THE GIFT OF FORGIVENESS. Stand in front of a mi

rror and gaze into your own eyes or go into your Pyramid of Light and lie on the crystal table. Say to yourself, "I forgive myself for any action, thought or deed, past, present or future, in this or any other reality, that has not been composed of the frequencies of Sacred Love. I forgive everyone I feel has treated me unjustly in this or any other lifetime and I return to them, wrapped in a bubble of love, all negative memories, impacted energies and probable futures that we have created together. I ask the angels of forgiveness to permeate all facets of my Being with the frequencies of Love/Light so that I may become "Soul-focused and heart-centered" as a Bearer of Light and a self-master.

Breathe deeply as you move into your Sacred Heart Center. Allow the pure Love/Light to pour down through you via your Higher Self. Feel the expansion in your heart center as this Divine elixir of love permeates the very depths of your Beingness. Sacred Love is what frees you from the shackles you have woven around yourselves, binding, restricting, entangling you in karmic interactions. When you deny this love, you are denying your heritage and your Divine birthright. Perform this exercise as often as necessary until you feel you have accepted the truth that you are worthy of forgiveness.

Forgiveness of Self which facilitates a forgiveness of all others is an integral step in the process of opening the portal to your Sacred Heart center, and your heart portal must be open in order to successfully connect with your Twin Flame. You must be making a concerted effort to return to harmony and balance within your own Being in order to be ready to connect with your Divine counterpart. Your painful, unsatisfying earthly relationships are a result of inner feelings of unworthiness, guilt, fear of failure and rejection. The battle of the sexes is really an internal battle with Self, as you project your "needs, wants and desire" outward to someone else in hopes they can supply what is missing within. Your relationships will surely reflect to you the negative energies you need to overcome, as well as some of the positive attributes you desire for yourself. Either can be painful or fulfilling, depending on the way you wish to "play the game of relationships." Negative-based physical relationships are fear-based, rigid, self-absorbed and limiting. Sacred relationships are love-based and Spirit-inspired, and allow each party to integrate and express the positive attributes of their intrinsic masculine and feminine nature. They focus on wholeness and unity and yet are flexible and allow freedom of expression.

As you lift your consciousness and return to harmony within, you radiate forth more refined frequency patterns and, therefore, you will attract to you those who are radiating and are comfortable with the same level of the Light spectrum. The reunification process entails rejoining multiple facets and levels of your soul family consisting of your earthly

family, your solar, galactic and universal family and the many facets of "Self" including your Divine Twin Flame and then eventually, the wholeness of your I AM Presence.

Beloveds, won't you begin the process of forgiveness NOW, and make a concerted effort to open the portal of your Sacred Heart Center so that these wondrous gifts can be showered down upon you? Call on us and allow us to assist you. Remember, we are only a heartbeat and a thought away. We enfold you in sacred, unconditional love. I AM Archangel Michael.

\*\*\* Transmitted through Ronna Herman \* STAR\*QUEST\* 6005 Clear Creek Drive, Reno, NV 89502 \*\*\* Phone/Fax: 775-856-3654 \* E-mail: [RonnaStar@earthlink.net](mailto:RonnaStar@earthlink.net) \* Web Site: [www.RonnaStar.com](http://www.RonnaStar.com)

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You may register ON-LINE and pay by credit card: [www.RonnaStar.com](http://www.RonnaStar.com) or telephone Cindy Cruess Monday through Thursday from 8:30 am to 2:00 pm Pacific Time:

PHONE/FAX: 775 856-3654 E-mail: [RonnaStar@earthlink.net](mailto:RonnaStar@earthlink.net) \* Upon registration, a confirmation

packet will be sent with all pertinent information including a map and directions and shuttle/transportation from airport.

Dearest friends, I am excited about my seminar schedule for 2007. We are finally getting our Quest For Mastery International Facilitator Training program off the ground, and it promises to be exciting and rewarding. The Charlottesville, VA seminar will most likely be my only east coast seminar in 2007. Don't miss this wonderful opportunity to assist in further anchoring the portals of Light and the crystalline grid in that area.

The Arkansas seminar and Sacred Journey with James Tyberonn also promises to be a "once in a lifetime" experience. Shanna Mac Lean will join us and share her amazing experience of connecting with her Twin Flame, PRA. As often happens, beloved Michael is giving us important new information about this incredible state and the major part it has to play in the ascension process. Please visit my website and join us for one of these special events if Spirit guides you to do so.. Love, blessings and miracles, Ronna

P.S. . I still have a few months open for seminars. If you would like to facilitate an event, please E-mail me at: [RonnaStar@earthlink.net](mailto:RonnaStar@earthlink.net) for full particulars.

## ACCESSING YOUR MACROMIND AND YOUR MACROCOSM AWARENESS

TRANSMITTED THROUGH RONNA HERMAN

Beloved masters, are you ready to expand your vision beyond your private 'little world' or microcosmic reality? Are you ready and willing to accept the truth that you affect everyone and everything in this universe, to one degree or another, and that everyone on Earth and in every other realm also affects you?

You are a microcosm or a miniature universe within the macrocosm which contains the totality of the Omniversal experience. You have been described as a 'cell' within the heart/mind of the Supreme Creator and this is a valid description.

As the Supreme Creator radiates more and more of the Elixir of Life throughout the Omniverse, it is affecting all Creation. You cannot hide from it. You cannot deny it. Your lifeline to your Source is growing stronger and more persuasive all the time. The magnetization factor is growing stronger, and you are magnetizing to you in stronger and stronger measures that which you have claimed as your reality. If you believe that you must live in poverty and chaos, that will be reinforced and magnified in your life. If you have accepted the truth that you are entitled to a life of beauty, joy and prosperity, that reality will unfold before you (if you follow through and take the proper steps as outlined in past messages).

It is as if your lifeline is being tugged and pulled in different directions as Spirit tries to get your attention. You can resist and hold back, kicking and screaming, but you will eventually move forward on the spiral of evolution. There will be no denying the evolutionary cycle that is now in full swing. The Soul-self is nudging and prodding everyone, to one degree or another, in an effort to get each soul's attention. No one can maintain the 'status-quo,' coasting and drifting, and ignoring the call to awaken. You must either grow and ascend in consciousness, or sink deeper into chaos and limitation, postponing the inevitable. We have often stated 'You are destined to return to a perfected state, so why not enjoy the journey.'

You can readily see where in the world the resistance is strongest. There is a very powerful thought form that has been building over the past fifty or so years. It is a thought form of annihilation, a desire within the minds of many souls to destroy all those who do not conform to certain cultural or religious teachings and rules. It is as if the last vestiges of the third/fourth-dimensional dogmatic views are rising to the service to be transmuted. It is a fight to the death for many and it is based on fear. Fear of not being right. Fear of the unknown. Fear of change and fear of losing control. Unfortunately, those who have these beliefs will draw to them those things they fear most.

In the areas of the world where this is taking place it is a microcosmic event. It is as if the areas of conflict are being isolat

ed and cut off from the rest of the world and beyond so that the surrounding countries/territories will not be contaminated. We would have you know that we are using some of the beautiful unconditional Love/Light you, the Light Warriors, have been sending forth, to place protective shields around areas where peace is the predominant thought form, so that the contamination does not spread.

As you expand your consciousness and begin to use your Sacred Mind or MacroMind, your reality will change very quickly. This is what we have been explaining to you over these past few years as we endeavor to assist you in perfecting the Alpha Mastery techniques. The micro-mind is your Beta consciousness, whereas your Alpha-Master mind is your MacroMind consciousness which helps your subconscious mind to become conscious as all the old subjective, negative programming from the past is released and transmuted, and the conscious mind becomes receptive to the downloading of cosmic information from the higher realms of knowledge. .

Macro-awareness is experienced through the Sacred Mind and Sacred Heart centers. The three lower chakra energies are filtered through and OverLighted by the Sacred Heart as they are gradually unified and work in harmony with the higher chakra system. The Sacred MacroMind is a unified combination of the left and right brain hemispheres and has the potential of accessing the higher levels of information stored within the Light Packets of wisdom located at the back of the brain, from the Medulla Oblongata (where the Ascension Chakra center begins) to the crown.

The secret, beloveds, is to stay centered within the Sacred Heart as you expand your consciousness and your radiance grows into greater and greater concentric circles of Light around you, thereby expanding your sphere of influence.

Staying centered in the heart is one of the most important rules in the process of reconnecting with your Twin Flame, or accessing the Sacred Love of Unity Consciousness. Learning the Infinity Breath technique is also an integral part of the process. You see, as you practice the breath of Infinity, the Inbreath begins within your Sacred Heart center and it moves up back through the pranic tube (in front of your spinal column), and exits at the Medulla Oblongata at the back of the brain, curving over your head and entering at your Sacred Heart Center once more. Allow this energy to find its own path. Whether it moves in and out at the breastbone, the high heart, or the solar plexus center, makes no difference; wherever it wishes to enter and exit is appropriate for you. Your breath knows the path to take, all you have to do is focus on the exit and entry points as you breathe in and out. After entering the body at the Sacred Heart Center, the Outbreath moves down the pranic tube, again, inside the body, in front of the spinal column, and exits through the Root Chakra, the perineum (the small area between the anus and the sexual organs).

The breath continues its path in front of the body and enters once more at your Sacred Heart Center.

Many of you have been faithfully practicing this technique for some time now, and are ready for the next step. You see, allowing the breath to exit at the Medulla Oblongata has facilitated the activation of the Ascension Chakra at the base of the skull, thereby initiating the process of opening the higher dimensional levels of the brain, which give access to the higher frequency levels of consciousness.

Most of you who are reading these messages are ready for the next step, and many of you have already completed the process of opening the Portal way at the back of the heart. This is the portal that gives you access to the Celestial Cities of Light, and if you have been visiting the City of Light in the higher dimensions in your area, via your Pyramid of Light in the fifth dimension, your Portal way at the back of the heart is already open and functioning.

When you first incarnated on planet Earth and gradually assumed a physical vessel, your column of Light was as wide as your crown (the halo over the head symbolizes this Crown of Light that connects with your Higher Self, and all the way back to our Mother/Father God and the Supreme Creator). This vibrant, life-giving energy radiated from the front and the back of your heart chakra out into the world around you. Over time, after sinking into the density of the third/fourth-dimensional environment, and experiencing so much 'heartache,' most of you gradually built an etheric shield of protection over the heart, thereby diminishing the flow of Love/Light to and from you. There was an etheric membrane of Light placed over the back portal of the heart which was to remain intact until humanity was ready to begin the ascent back into the realms of Light. THAT TIME IS NOW.

To speed up the process of fully activating and opening this portal, we will now make a small change in the Infinity Breath technique. However, it is important that you practice the first technique, as outlined above, for a time until it is comfortable and familiar to you, and can be done with ease and no conscious effort. When you can do this, you will know that the process is 'Encoded within' and will take place with no conscious effort. At that time, you may begin the second part of this process. There is only one minor, but very important, change: Instead of the Inbreath coming out at the base of the skull, or the Medulla Oblongata, envision it coming out at the back of the Sacred Heart (or the Portal at the back of your inner temple of the heart). The breath will still sweep up and over the head and reenter the body at the same place in front of the body, and continue down on the outbreath as it sweeps out through the Root Chakra and makes its entrance in front of the body on the Inbreath. After you perfect this technique, beloveds, make a concerted effort to practice this technique several times a day, even if

it is only a half-dozen or so breaths. This will speed up the process and facilitate a greater infusion of Divine Creator Light.

We have stated before, and will stress again: Knowledge/wisdom overlaid with love/compassion and focused intent/action creates the power that holds the keys to the universal storehouse of unmanifested potential; potential just waiting for you to mold it and create anything you can envision. Imagine that the Infinity Breath you ingest into your system is filled with trillions of tiny diamond subatomic particles of Love/Light, and the

energy activator is LOVE. So the formula is simple: focus your intention on what you wish to create, fill yourself with the Elixir of Life and permeate it with the pure love drawn forth from your Sacred Heart. Beloveds, this is a magical formula that cannot fail.

Our Father/Mother God, the Elohim and the archangels have created living pyramids of Light within every level of Creation so that you can access the building blocks of life. These life-giving forms give you access to the frequencies of Light which are necessary components of transformation so that you, as human Beings, can return to an exalted state of consciousness, your Divine state.

We have instructed you to go into your Pyramid of Light/Power in the fifth dimension and to clearly state your intentions and specifically outline what it is you desire to create. State that you ask this be aligned with your highest good, and for the greatest good of all. Now, during your waking hours follow the outline above using the Infinity Breath technique as you envision a stream from the Cosmic Stream of Life flowing down through your double-terminated crystal into your Pyramid of Light filling it with Divine Light substance, activating and igniting your vision. As you practice the Infinity Breath technique, you will begin what could be termed “a trickle-down effect” whereby the energy will gradually flow from your pyramid and into your sphere of consciousness, opening the way, inspiring, guiding and directing you as you firmly, with confidence, proceed to create your vision and bring it to fruition.

The same applies for the higher frequency energies from the Cities of Light. Once you make the connection, it begins this ‘trickle-down process’ whereby a constant stream of just the right magnitude and frequency patterns flows into your Pyramid of Light and down your column of Light to you. Envision an Etheric Replica of yourself lying on your crystal table. It will remain there when you are focused on your physical body, and you will merge with it when you visit your Pyramid and lie on the crystal table. Each time you merge with that facet of yourself in the fifth dimension, you will absorb more of the refined frequencies of Light that have been integrated into your Etheric Replica during your absence. You see, beloveds, we are doing everything possible to assist you in this dramatic transformation process, but you must do

your share in order for it to succeed.

Dearest hearts, great changes are in the wind, and we will give you guidance in many ways in order that you may integrate the advanced wisdom that is so critical for your expansion into a MacroMind awareness. Do not be discouraged, but do be diligent. Your efforts will be greatly rewarded. Know that we are ever near to guide and assist you. You are loved beyond measure. I AM Archangel Michael.\*\*\* Transmitted through Ronna Herman \* STAR\*QUEST\* 775-856-3654

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## INTEGRATING AND IGNITING THE DIAMOND RAY FLAME

TRANSMITTED THROUGH RONNA HERMAN

Beloved masters, humanity is being nudged and inspired in every way possible to move forward into the next level of en-LIGHTEN-ment. It is imperative that you strive to incorporate, activate and project the maximum amount of Creator Light available to you. As it was in the beginning times on Earth, those of you who are in the process of returning to the original blueprinted way of balanced and harmonious existence, will gradually have access to the dynamic power and magnificence of the Supreme Creator's Essence.

The Earth and humanity are becoming multidimensional Bearers of Light as the radiance from the Supreme Creator and our Mother/Father God permeate the solar system and the Earth via the Great Central Sun of the Milky Way Galaxy. The Crystalline Grid system bears the encodings and the Divine Schematic for your return to multi-dimensionality, as well as the Divine Blueprint for the future of the Earth and humanity. However, it is up to each of you to connect with this grid system via the great Cities of Light, and to begin to decipher the encodings that pertain to you, your mission, and the specific area you inhabit.

During these swiftly changing times, you will find the energy patterns of your new multi-dimensional nature fluctuating at a wide range of frequencies, for the Crystalline Grid system is programmed with the highest vibrational patterns that people in each area can incorporate and anchor to the Earth and themselves. It is a two-fold process: the Grid system will affect humanity through its advanced encodings for the future, and humanity will affect the Grid System as each person anchors the Living Light from the Celestial Cities of Light.

Energy filled with the unmanifested potential from the "All That Is" and all there ever will be comes forth from the Omniversal Mind called the Supreme Creator. This energy is limitless and inexhaustible. Energy cannot be lost or destroyed, it transforms—evolves OR devolves—according to the intent/desire/actions of the cocreator; it manifests into new forms of specific frequency/vibrational patterns drawn forth from the Primal Life Force Substance sent forth upon the River of Life/Love from the Creator and our Mother/Father God.

The problem is that most of you have forgotten how to tap into the River of Life/Light; however, if you adhere to the Universal Laws of Manifestation, you have the ability to bring your visions, dreams and desires into physical manifestation. You have always been cocreators on the physical plane, either of joy, peace and plenty, or of poverty, suffering and limitation.

You must move beyond the "collective consciousness belief structure" and actively strive for an "attitude adjustment" whereby you consciously become aware and claim that you are a cocreator who is entitled to all the beauty, bounty and abundance of the uni

verse. Your first priority must be to study and integrate the wisdom of the Universal Laws, and how to work in harmony with the Elements of the universe. This is an integral step toward becoming proficient in what you seek as a cocreator in harmony with your Divine mission. Manifestation of form is constantly taking place regardless of what you do or don't do; that is simply what happens by natural law. Hence, by consciously working in harmony with this process, it will accelerate your progress. Or, you may ignore the law and your life will be filled with unconscious, ineffectual desires with random and, often, chaotic results.

As you expand your awareness, reclaim your Self-mastery, and reconnect with the multiple facets of your Divine Self, you are remembering the 'science of spirituality' and the immutable laws that govern humanity and the Omniverse, instead of focusing only on the 'emotional nature of spirituality'. The greatest gift you can give those around you is to be a positive example. You must perfect your skills as cocreators and manifest within yourselves and your environment all the beauty, abundance, tranquility and joy you can envision, and then share your knowledge and gifts with those around you and, ultimately, the world.

The unmanifested, formless energy of Creation is malleable and ready to be shaped into anything you can envision with your minds. There is an ultimate source of all abundance which is now being called "Adamantine Particles," or Pure Primal Energy from the Heart/Mind of the Supreme Creator via our Father/Mother God. The earthly experience for humanity was to be a wondrous adventure in cocreation, mandated by our Father/Mother God. Before you descended into the world of form you were promised access to the Source of infinite supply; however, you have forgotten the rules and the formula necessary to access the storehouse of Divine original substance.

The Beloved Jeshua through his blessed messenger, Glenda Green, has named the First Light of Creation "Adamantine Particles." He teaches, " These particles are the Light of consciousness and the building blocks of physical existence. They give flesh to Spirit, as well and nourishment and healing to life. Adamantine Particles respond to magnetic attraction and it is by the pure love within your Sacred Heart that you command them. Adamantine Particles are commanded by love and only by love."

The Supreme Creator via the River of Love/Life is sending forth the Diamond Ray/ Diamond Flame which consists of the fundamental, subatomic particles to be known as "Adamantine Particles" throughout all manifested Creation. The stream of 'Cosmic Consciousness,' the 'Elixir of Life,' Diamond Core Essence, and 'Christed Energy,' are all descriptive terms for Adamantine Particles.

You are composed of love; however, you have restricted yourselves from projecting the love that you truly are, the love that you are capable of, the love which is intrinsic to your Divine nature. Through the information that is now coming forth, vistas beyond anything you could previously imagine are opening before you, as the Creator's plan unfolds in its perfection. You are becoming aware of the magnificence of what is occurring, and we see you are beginning to believe much of what you have been told over these past years, as you

integrate the wisdom within your Sacred Heart/Sacred Mind and claim it as your own truth. The process of eliminating the preconditioning of Ages past is complex, but necessary, as you strive to clear, refine and expand your subconscious and conscious minds in order to incorporate the higher truths from your superconscious mind/Higher Self.

Remember, we are now emphasizing the Sacred Mind/MacroMind as well as the Sacred Heart. Stored within the upper-dimensional levels of the brain, above the ascension chakra, which is located at the base of the skull (the Medulla Oblongata), is your history, ALL that you have ever experienced, the wisdom that you have claimed as your own, your lineage, your Divine Mission and your future. Stored there as well is the unlimited potential you may choose from, the options and the wealth of choices that you have available to you.

Have you ever wondered how, in the beginning, you actually formed your physical vessel? You drew to you those Divine Diamond particles of Light from the River of Love/Life that run through all manifested Creation from the Heart/Mind of the Supreme Creator and through our Mother/Father God of this universe, and with the encoded template of the perfect Adam/Eve Kadmon body and your cocreative abilities, you created your physical vessel, as well as a wondrous variety of material plane manifestations.

Are you ready to make this declaration? “Yes, I AM ready to move forward. I will claim and use this energy for the greatest good of all. I will be a bearer of the Diamond Flame Particles of Life. I will open my Sacred Heart and allow myself to be vulnerable, for I know I am protected. I will accept all of the Diamond Flame energy that can be safely integrated within me at this time. I will stay focused within my Sacred Heart center so that I may project the highest level of pure love out into the world around me.”

Beloveds, you cannot gift the Diamond Flame particles to anyone else before you have gifted them to yourself. Again, we say, you must fill your Self to overflowing before you gift others with this Divine Elixir of Life. Then you can radiate this Essence out into the world in another infinity breath pattern that we will be teaching you as your next step toward self-mastery.

You can only be the love that you claim, and you can only project from you the Love that you are. Therefore, this transformational process must begin within your Sacred Heart and your Sacred Mind; they are inexorably connected, one affects the other. The Sacred Heart is the power source, the engine and the fuel which feeds the Sacred Mind so that the m

embranes of Light that guard your higher consciousness can be dissolved, thereby giving you access to the cosmic library of knowledge stored there.

That is why so many of the old teachings are so damaging, because you have been taught that you are unworthy and to give away your power, subjecting yourselves or being subservient to others whom you thought were more worthy and wiser, and who had more gifts and abilities than you. You have given away or rejected the intrinsic, God-given power you were endowed with when you came forth into the physical expression. Won't you reclaim that gift now and begin to use it to the best of your ability for the greatest good?

EVERY PERSON ON EARTH WAS MADE IN THE CREATOR'S IMAGE. What do you think that means? It has nothing to do with your physical vessel, your race, color or religion. It means that you are a Spark of the "I AM" Presence, a facet of Divine expression, and each and every person on this Earth has that Spark of Divinity within, for without it they would not be alive. And every person has that Macrocosmic potential within them, for each person is a microcosm of the Creator's Love/Light. And why do you think that Diamond Core God Cell was placed within your Sacred Heart? It contains all the virtues, attributes, qualities and aspects of the Creator; however, for these many past ages, those blessed gifts have been radiating forth very dimly from the vast majority of humanity. However, you may now fire up your generator of God-potential, fueled by love, via the integration and projection of the Diamond Ray/Flame of Adamantine Particles. As we have stated in the past, knowledge/wisdom overlaid with love/ compassion and focused intent/action creates the power that holds the keys to the universal storehouse of unmanifested potential: energy from the Heart Core of the Creator that is just waiting for you to mold it and manifest on the physical plane anything you can envision.

IN ORDER TO CLAIM ABUNDANCE IN ALL THINGS, FIRST, YOU MUST BEGIN TO LIVE IN HARMONY WITH THE UNIVERSAL LAWS AS MANDATED BY THE CREATOR OF ALL.

UNIVERSAL/EARTHLY ABUNDANCE IS AVAILABLE TO EVERYONE; THIS IS YOUR DIVINE BIRTHRIGHT. ALL YOU HAVE TO DO IS CLAIM IT.

THE INVISIBLE SUPPLY IS INEXHAUSTIBLE. EVERYTHING ON EARTH IS MADE FROM ORIGINAL PRIMAL LIFE FORCE SUBSTANCE OUT OF WHICH THE GREAT VARIETY OF PHYSICAL MATTER AND FORM EVOLVES.

3. THE BEAUTY AND THE BOUNTY OF THE EARTH CAN BE REPLENISHED AND EXPANDED WITH RIGHT THOUGHT, RIGHT ACTION AND CONSERVATION.

4. THOUGHT / INTENTION / PROPER ACTION HARNESSSES THE POWER TO PRODUCE TANGIBLE RICHES FROM FORMLESS SUBSTANCE.

5. THE, SEEMINGLY, "VOID OF SPACE" IS REALLY TEAMING WITH PARTICLES OF LOVE/LIFE AND UNMANIFESTED POTENTIAL.

6. THE LOVE/LIGHT FORCE FROM THE SUPREME CREATOR AND OUR MOTHER/FATHER GOD IS REFRACTED INTO PRISMS OF LIGHT, RAINBOW COLORS CONTAINING ALL THE VIRTUES, QUALITIES, ASPECTS AND POTENTIAL OF CREATION. AS COCREATORS, IT IS THROUGH OUR THO

UGHTS/INTENTION/ACTIONS THAT THESE ARE MOLDED AND MANIFESTED INTO FORM.

How will you use this gift beyond compare? What are your greatest desires? What will be your legacy to humanity and the world? Reach for the stars, beloveds, for there is no limit to what you can manifest when your visions are in harmony with Spirit. I AM Archangel Michael.

\*\*\* Transmitted through Ronna Herman \* STAR\*QUEST\* 6005 Clear Creek Drive, Reno, NV 89502 \*\*\* Phone/Fax: 775-856-3654 \* E-mail: RonnaStar@earthlink.net \* Web Site: www.RonnaStar.com

\*\*LOVE WITHOUT END, JESUS SPEAKS, BY GLENDA GREEN \* I strongly recommend this beautiful book.

\*\*Adamantine Particles were first mentioned in English by Jesus in Love Without End; however, the word Adamantine has been around for thousands of years. There is a Sanscrit word for Adamantine, and also for Adamantine Sphere. In English, the word Adamantine means “something extremely hard or unyielding,” or it could be used to describe something which is as “hard and brilliant as a diamond.”

SEMINAR SCHEDULE: ANCHORING THE NEW CRYSTALLINE GRID AND THE PORTALS/  
CITIES OF LIGHT \* TWIN FLAME REUNION \* INTEGRATING AND IGNITING THE DIAMOND  
RAY FLAME

\*\*\*APRIL 7 & 8 \* CHARLOTTESVILLE, VA \* HOLIDAY INN \* 1901 EMMET ST.,  
CHARLOTTESVILLE, VA. ABUNDANCE EXCHANGE: \$188 \* Special Room Rate: \$89 per night  
\* 1-434-977-7700 \*

\*\*\*MAY 12 & 13 \* HOT SPRINGS, ARKANSAS \* THE ARLINGTON RESORT HOTEL \* 239  
CENTRAL AVENUE \* HOT SPRINGS, AR \* ABUNDANCE EXCHANGE: \$222 \*\* AA  
MICHAEL/RONNA HERMAN \*\* TYBERONN \* EARTHKEEPER /AA METATRON'S BEARER OF  
LIGHT \* May 14, 15 & 16 \*\*\*A special, spiritual journey to Wilhelmina State Park and other  
Sacred Sites \* ABUNDANCE EXCHANGE: \$144

\*\*\*JUNE 16 & 17 \* DETROIT, MICHIGAN \* DOUBLETREE HOTEL DEARBORN \* 5801  
SOUTHFIELD SERVICE DR. \* ABUNDANCE EXCHANGE: \$222 \* AA MICHAEL/RONNA  
HERMAN \* \* Special Room Rates: \$105 \* 1-313-336-3340 \*\* Local facilitator: Debra  
Vendlinski \* Home: 313-386-4851

Dearest friends: For me, this past month has been powerful, life-changing and filled with miracles, to say the least. I have learned firsthand how powerfully Spirit will guide us when we say “Thy will be done,” and the miracles that will become a common occurrence when we begin to actively integrate/live our Self-mastery, walk the middle path while maintaining an attitude of gratitude, with an intense desire to fulfill our Divine Mission for the greatest good of all. I will be sharing the wondrous, life-changing information that has been forthcoming in such miraculous ways in my upcoming seminars and I know, firsthand, that we are in the time of accelerated transformation that has been foretold for so long. The truth and wisdom of what I will be sharing has been validated for me in such miraculous ways that I am somewhat overwhelmed, and I am assured that the transformational information that is forthcoming will make sweeping changes in our conscious awareness, and the “new t

ruths” will become evident as we all step more fully into our roles as “Light Bearers.”

This past week, Mark Starmer, an internationally known transformational development specialist, and I, under the guidance of AA Michael, held our first, five-day QUEST FOR MASTERY Facilitators Seminar. There were ten participants, from as far away as New Zealand and Canada, and everyone went away with a feeling that they had experienced a miraculous, life-changing event. AA Michael, through me, provided many helpful insights, as well as exciting new information, meditations and a powerful message of what is before us, and how we must prepare for greater and greater infusions of Creator Light as our ascension/transformation process moves into "high gear." Mark presented an astounding array of proven techniques that assure transformation (if followed), as well as preparing the participants to be effective, qualified facilitators/presenters of AA Michael's wisdom teachings. This is the first of many events which will be held around the world.

Mark will be holding most of the Facilitator Training seminars, and I will participate in as many as possible. Lynn Ralph, the lovely lady from New Zealand, and Pamela Palmer, have graciously volunteered to create our QUEST FOR MASTERY website. We will post the information on [www.RonnaStar.com](http://www.RonnaStar.com) just as soon as the home page is up and running. Beloved Michael told me last year that the way is being opened for his wisdom teachings to be available around the world.

Also, the first week in February, a film company from Dublin, Ireland flew to Reno and came to my home to film a segment with AA Michael and me about angels, New Age philosophy and the changes that are sweeping the world. They interview me at my home over a period of five-hours and it was an awesome experience for us all. The title of the documentary is RELIGION DECODED, and the crew has traveled to five or six countries interviewing leaders of different religions.

They were all fascinated by the information that AA Michael brought forth, and were amazed after filming me receiving a message from AA Michael on the computer (the way I channel the monthly messages). They said over and over, "How can you get the information so quickly and type so fast?" It was quite an experience for me also, for this was the first time I had ever channeled a message on the computer before an audience. They had me read on camera the short, but powerful, message for the masses from AA Michael. They said, "Your segment will be the highlight of this documentary." I will relay the information to you just as soon as I know when/where it will be shown. My deepest love and angel blessings to you, Ronna

## REMEMBER, YOU ARE CREATING YOUR NEW REALITY IN THE HIGHER TRANSMITTED THROUGH RONNA HERMAN

### DIMENSIONS AS WELL AS ON THE EARTHLY PLANE

Beloved masters, as the old world order gradually slips away into the past and is slowly being relegated to your “past lives” memory bank, a new day is dawning. At the Omniversal and universal levels, the Supreme Creator is sending down the radiance of Itself via the many Great Central Suns and, in turn, it is now being filtered down upon Earth in great bursts of Living Flame of Life via the Sun of your solar system. In the months to come, you will hear more and more about the extreme and erratic activity coming from the heart center of the Milky Way galaxy, and of the increased sunspot and solar flair activity emanating from the sun of your solar system; all as a result of a momentous acceleration in the evolutionary process taking place in all manifested worlds. No one can hide or deny that something monumental is taking place on Earth, and if you have even a slight interest in what is happening in your solar system and galaxy, you are aware that dramatic and Earth-changing events are occurring throughout the cosmos as well.

The Divine Plan is unfolding perfectly as all the major players gradually assume their preordained roles. Yes, those of you who read and take heed of the wisdom teachings and instructions that proliferate the Earth at this time are among the vanguard of enlightened ones, and you have an important role to play in the “Shifting of the Ages” drama. We have gradually and patiently given you guidelines and instructions over the years in order to prepare you for these times of great change, and in these critical years ahead, you will be thankful that you paid heed and took the necessary steps in order to move forward with a semblance of ease and grace.

While steeped in your third/fourth-dimensional reality, your ego-mind and ego-desire emotional body processed information through the filters of the subconscious mind which functions from a “polarized” reality of duality and a finite existence. When you open the Sacred Heart/Mind centers your reality quickly transforms into a sense of “Oneness” with the many facets of your “Beingness,” our Mother/Father God and all Creation, whereby you once again gain the ability to tap into the Infinite possibilities of the Omniverse, or the River of Life/Love containing the Adamantine Particles of Creation.

There are many facets of the Creation process merging at this time and many of the teachings of the masters/avatars of past Ages are also coming together to create the new Divine Blueprint of the future. Teachings and techniques of the past are being updated, refined and unified, and all the great masters and Beings of Light from the past have powerful facets of their God-Selves stationed in the various Cities of Light in order to radiate their Divine Essence out into the Cosmos.

We have told you that th

e beloved Jeshua laid the foundation and seeded the Earth with the Divine Blueprint of the future (the future that is now unfolding). His main purpose was to prepare the way for the resurrection and ascension of humanity. The return spiral pathway that humanity is to follow was created and empowered by our Mother God and is now fully anchored and activated. In order for the New Earth to reflect the full glory of the Divine Goddess, it was critical that the Sacred Heart Center within Earth's Crystal Grid System be infused with the higher-dimensional frequencies of Oneness; a perfect balance of the Divine masculine and feminine qualities, the attributes and virtues of our Mother and Father God.

We, of the realms of Light, are making available to you everything that is required to make this pivotal transition into the Age of en-LIGHTEN-ment. We are not bystanders, but co-partners and activate participants in these critical times of change. It is a great fallacy that our Father/Mother God, the Lords/Ladies of Light, and the vast angelic realms only interacted with and spoke to humanity some two thousand years ago. Why is it that many people can accept the fact that, in the past, angels interacted and appeared before human beings regularly, and God spoke to various historic leaders, but no longer do so? It is time to awaken to fact that you and the world are rapidly changing and a new reality is emerging which will demystify many of the old teachings, myths and supposedly, infallible truths. Our Mother/Father God and the multitudes of Light Beings are actively participating in this evolutionary process, for all levels of Creation are evolving and are being affected by the radiance of the Supreme Creator. You must understand that the changes we are speaking of are taking place in every area of this universal experience.

First, you must gain control of your physical, mental and emotional bodies via a soul merge with your Higher Self. Thus begins the process of aligning your will with the Will of our Mother/Father God and the Creator, thereby setting aside the agenda of the ego and reaffirming your intention to fulfill your Divine Mission. As the Adamantine Particles begin to flow freely into and from your Sacred Heart, an alchemical, transformational action begins whereby we can truly become co-partners with you. The awakening and integration of your Sacred Heart and Sacred Mind will change your world beyond your wildest imaginings.

If you have followed our instructions, you have created your Pyramid of Light/Power in the fifth dimension, and you are a regular visitor to the Pyramid of Light which contains a holographic replica of the Earth. Many of you have also joined in creating group pyramids for specific purposes, and you have also created various pyramids for special projects in order to draw forth the "Essence of Creation" needed to bring your visions to fruition. Know this: In each one of these pyramids you have left an ether

ic replica of yourself which is constantly integrating the specific geometric patterns of Light needed to create your new reality on Earth and also to lay the groundwork for your new existence in a higher, more refined realms. Yes, you are not only active in the physical world, but you also have many facets of your God-self in the higher realms with whom you are interacting. Have we not told you that you are becoming "multidimensional Beings?"

We gave you specific instructions and step-by-step techniques for accessing the frequencies from the City of Light in your area via your personal Pyramid of Light. By practicing the Infinity Breath you fill your etheric replicas and physical vessel with Adamantine Particles / God Particles of Light. We will now refine and add more components to the process.

Have you wondered why, several years ago, we instructed you to “Breathe in Light and breathe out Love” when you go into the world pyramid with the intention of radiating Love/Light to humanity and the world? WHEN YOU BREATHE IN LIGHT, YOU ARE BREATHING ADAMANTINE PARTICLES INTO YOUR SACRED HEART. WHEN YOU BREATHE OUT UNCONDITIONAL LOVE, THE ADAMANTINE PARTICLES OF PURE GOD ESSENCE ARE EMPOWERED OR IGNITED BY YOUR LOVING INTENTION SO THAT THEY CAN BE USED FOR THE GREATEST GOOD. YOU ARE THE RECEPTACLE FOR THESE GOD PARTICLES AND YOUR LOVE IS THE ACTIVATOR.

Envision this: During meditation or your quiet time, preferably, at least twice a day, morning and evening, take twelve full infinity breaths, and after the twelfth one, pull in your abdomen and hold your breath for a moment or two. Now, as you take the next (or thirteenth breath), see it flowing forth from your Solar Power Center (Sacred Heart Core) in the front of your body. The infinity pattern is now in a horizontal configuration instead of vertical. On the in-breath, the first flat loop extends outward in front of your body, and on the out-breath, the second loop extends from the back of your body, completing the Infinity sign. Breathe in and out six infinity signs, and as you do, they will automatically create a pattern of twelve loops that completely surround you like the petals of a flower. As you breathe out the last loop, again, hold your breath for a moment before returning to normal breathing. Then, breathe in and out consciously as you envision the Essence of Creation flowing forth from you out into the world. Also, envision spirals of Light connecting you to the world pyramid and the multiple pyramids that you have created in the higher dimensions, thereby, sharing your Particles of Love/Light with the world, as well as fueling your visions with the Life Force substance of all Creation.

Take a few moments to complete this reverent process by focusing on your Sacred Heart Center so that you may feel the fullness there and the overwhelming love that pours throughout your body, for you are now connected to the River of Life which contains an inexhaustible supply of Adamant

ine Particles. It is tangible, beloveds. It is real and it is the most wondrous, blissful feeling you will ever experience while in the earthly vessel, for you are experiencing the pure loving Essence of the Creator.

We have taught you how to pray without words by radiating unconditional love to humanity, the world and all creation, and when you add to that thoughts of gratitude and appreciation for all the blessings that have been bestowed upon you, you are praying in the most effective way possible. As your Sacred Heart comes to life again, it will become more sensitized to the Adamantine particles flowing into and from your heart center.

You cannot know or feel our Father/Mother God or the Creator through an idea or a nebulous thought or theory. It isn't enough to just know or think about God, you must feel the Essence, the overwhelming love of the Creator within your Sacred Heart Center. Then there is no doubt within your mind that you have reconnected with your God-Self and the Oneness of all Creation. The mind can be a competent servant, but without its connection to the Sacred Heart, it can be a controlling and destructive master. That is why it is imperative that you activate and empower both the Sacred Heart and the Sacred Mind

The etheric shield that protects your Sacred Heart, or the Three-fold Flame as it was called in the ancient teachings, contains the qualities, virtues and attributes of the three God Rays of this universe. As you fully ignite the Diamond Core God Cell within your Sacred Heart Center, these three God Rays will begin to radiate forth and empower you with the attributes and qualities of Divine Will and Power, Divine Love and Divine Wisdom. Gradually, the full spectrum, or the entire range of wavelengths of electromagnetic radiation, of the Twelve Rays of God-consciousness will blaze forth as you incorporate and utilize more and more of your Divine Birthright. That is when you will truly become a Master of Light once more.

Beloveds, do not fear the future, for when your heart and intentions are pure, you are sheltered within the radiance and protection of Creator Light. We will not tell you that there will not be stressful times ahead, for you must traverse the path of polarity and duality in order to reach the plateau of peace and harmony. There will always be challenges, lessons and opportunities to expand your consciousness as you integrate more of your Divinity. Know that the situations or problems that come your way for resolution cannot be solved at level in which they were created. You must rise above the conflicts of the ego-self and view each situation through a filter of love, and from the vantage point of a self-master. Envision within your mind's eye a wholeness that has never been distorted, a world that has no imperfections, and a radiant, perfected YOU residing in this paradise. It is not a time for the faint of heart, for indecision or denial, for your world is radically changi

ng whether you believe it or not. Isn't it time to accept the gifts we are offering so that you may move gracefully and joyously into the future? It is our greatest joy and honor to assist and serve you, and never forget, you are loved unconditionally. I AM Archangel Michael and I bring you these truths.\*\*\* Transmitted through Ronna Herman \*

STAR\*QUEST\*Phone/Fax:775-856-3654\*E-mail:RonnaStar@earthlink.net \*Web Site:  
www.RonnaStar.com \*\*\*NOTICE\*\* The dates for the special, spiritual journey to Wilhelmina State Park and other Sacred Sites has been changed to May 9, 10 & 11 before the seminar on May 12 & 13 in Hot Springs\* ABUNDANCE EXCHANGE: \$144 \* MAY 12 & 13 \* HOT SPRINGS, ARKANSAS \* THE ARLINGTON RESORT HOTEL \* 239 CENTRAL AVENUE \* HOT SPRINGS, AR \* ABUNDANCE EXCHANGE: \$222 \*\* AA MICHAEL/RONNA HERMAN \*\* TYBERONN \* EARTHKEEPER /AA METATRON'S BEARER OF LIGHT \*

\*\*\*JUNE 16 & 17 \* DETROIT, MICHIGAN \* DOUBLETREE HOTEL DEARBORN \* 5801 SOUTHFIELD SERVICE DR. \* ABUNDANCE EXCHANGE: \$222 \* AA MICHAEL/RONNA HERMAN \* \* Special Room Rate: \$105

\*\*\*SEPTEMBER 15 & 16 \* MARRIOTT RESIDENCE INN \* DENVER AIRPORT 16490 E. 40TH CIRCLE, AURORA, CO \* ABUNDANCE EXCHANGE \$222 \* Special rate of \$89 per night \* 1-303-459-8000 \*

\*\*\*OCTOBER 6 & 7 \* RENO, NEVADA \* MARRIOTT COURTYARD \* 6855 S. VIRGINIA ST. \* AA MICHAEL/ RONNA HERMAN \* ABUNDANCE EXCHANGE: \$188 \* ROOM RATE: \$109 \* 1-775-851-8300

\*\*\*NOVEMBER 10 & 11 \* CROWNE PLAZA, WASHINGTON D.C. DULLES AIRPORT \* AA MICHAEL / RONNA HERMAN \* ABUNDANCE EXC. 222 \* Special Room Rate: \$85 \* 1-703-471-6700

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Dearest friends, I have finalized my seminar schedule for the year and am very excited about sharing all the new information and techniques with you that AA Michael has given us lately. (See schedule above) Through his nudgings, we have scheduled events in carefully selected areas of the United States which are to be some of the important “power points” of the future. It is more essential than ever that we focus on “what is right in our world,” instead of what is wrong. As we become more adept as cocreators, it is vitally important that we stay centered in our “Point of Power” and within our Sacred Heart so that we can draw forth and integrate the maximum amount of Creator Light for our greatest benefit, the highest good of all humanity and the Earth. We are making a difference, and each one of us has the ability and potential of being a dynamic force for good during these evolutionary times of change. Over these past few months, it seems that many pieces of the cosmic puzzle are coming together, as we are giving specific instructions as to how we can tap into the Cosmic source of unmanifested potential. We are re-learning many wondrous things we have forgotten down through the ages, and I am awed at the magnificent opportunity we have been given to be spiritual co-partners in the transformational process now in progress. My primary goal is to pass on to all of you the incre

dible gifts that beloved Michael has bestowed upon me. We will soon have our QUEST FOR MASTERY website up and running, and Mark Starmer is planning several QFM Facilitator’s training seminars this year. We will post the information as soon as it is available. I also want to give you an advance notice about two very important events we will be holding in 2008. Mark and I are planning two very special joint events for next year: One in Hawaii, and one in the Lake Louise, Alberta, Canada area, which is where AA Michael’s spiritual retreat is located. Each venue will include an AA Michael/Ronna Herman two-day event which will be followed by a five-day, intensive-training QFM Facilitator’s workshop with Mark Starmer facilitating. Our first QFM workshop here in Reno, NV was a resounding success. If you have a desire to become a presenter/ teacher of AA Michael’s wisdom teachings, this will be a grand opportunity to learn tried and true techniques which will help you become an inspiring, efficient and successful spiritual instructor. It is our intention to have QFM teachers/facilitators all over the world to help spread Archangel Michael’s empowering and loving wisdom teachings. We will post the details for each event as soon as

they are available. Please pause during your day and join me in radiating God's Love/Light Particles out into the world. There is no greater power. Love and angel blessings, Ronna

\*\*\*As often happens, it seems many Light Workers are also getting a great variety of information from Spirit about Twin flames, the Infinity Sign, and other things AA Michael has given to me. Some beautiful angel friends from the Netherlands, Ian and Mary Pat, contacted me about some pendants they were inspired to create as a result of AA Michael's teachings. One is a Twin Flame symbol, called a Triality Pendent, and the other is an Omniversal Pendant which immediately reminded me of the Infinity flower pattern Michael has instructed us to breathe out from our heart center. Ian graciously gifted me with these two beautiful pendants and I wish to pass along the information to you. They include very concise, helpful information about each pendant, and they also have a Twin Flame, or "Triality Activation Meditation Ritual CD. If this resonates with you inner intuition, please visit their website, and if you are interested in owning one of these pendants, submit any orders directly to them. [www.twinflames-twinsouls.net](http://www.twinflames-twinsouls.net) .