

AAM Combined 2003

Transmitted Through Ronna Herman - 2003 Edition

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MESSAGES FROM ARCHANGEL MICHAEL * LM-1-2003

TRANSMITTED THROUGH RONNA HERMAN

ARE YOU READY TO TAKE A STAND?

Beloved masters, your greatest desire is to return to full God-consciousness, but you are still somewhat confused as to how this is to be accomplished. Many of you are well on your way to becoming cocreator masters of Light once more, but please remember that part of your mission on Earth is to share your wisdom with others after you have integrated and are actively living each new level of enlightened awareness. The mass mind or collective consciousness of humankind in the third/fourth-dimensional expression perpetuates separateness, limitation, and fear, as well as a narrow-focused reality, a rigid outlook, and often a self-righteous attitude toward beliefs that are in conflict with the popular accepted belief structure. Allow us to condense and recap some of the more important truths we have given you over the past years.

When you tap into the Cosmic Mind of the Creator, you begin to view the world and all situations from a higher vantage point and from a “we” perspective, instead of an “I” point-of-view, which is the beginning of “Unity Consciousness”. You have access to the universal storehouse of all possibilities which is innovative and limitless. It is fed by the unconditional love of the Creator and all the wondrous Beings of Light in the multi-dimensions of Creation. All the Divine Light Substance of Creation you can contain and use is being offered to you, and you are being given an opportunity to manifest anything you desire, from the smallest, simplest things to the most complex and magnificent. How do you prepare yourselves to reclaim this precious gift of Love/Light as cocreators of worlds without end?

In the process of awakening, you learn to turn inward in order to find the answers to the pain, fear, and emotional trauma that you have experienced in the past, and in the process you gradually become aware of what brings you peace and lasting joy. Through a new soul-inspired awareness, you become an observer as well as a participant in your every day interactions with those around you. You tap into your extra-sensory perception, which is vaster and more powerful than you can imagine, as you learn to pay attention to what thought forms you allow to infiltrate into your consciousness. Negative, fear-based thoughts and emotions, usually projected or received through the solar plexus center, create distorted vibrations of chaos, a sense of futility, and a lack of faith in oneself or others. As you learn to add the magic elixir of love by first accepting that you are worthy of love and then projecting the vibration of unconditional love to others, your world begins to change for the better. You project or radiate vibrational patterns of a certain frequency and you draw to yourself (or magnetize) vibrational frequencies that match those that you send forth. Change the electromagnetic frequency patterns you project and you ch

ange your personal world. It is as simple as that.

As you begin to take control of your life and learn that you are the Creator of your reality, one of the most important steps is to align your will with the Will of your Divine Self or I AM Presence. You are not surrendering anything, but giving your Higher Self permission to take an active role in your life. You quickly learn that lasting success is based on honor, truth, integrity, and pure intent, which are universal laws of the highest vibrations. Martyrdom and self-sacrifice are put aside as you learn that it is your birthright and your obligation to be an active, empowered cocreator of joy, peace, abundance, beauty, and harmony, which are to be made available and enjoyed by all humanity.

You will find that as you examine, change, or advance your beliefs of “Self,” it automatically begins to affect your relationships or attitude toward others. You stop allowing your emotions to control you by projecting your expectations to others via the push-pull solar plexus interactions, and you also cease giving your power away to others in an effort to attain approval or love. You are now focused and project Love/Light energy from your heart or Solar Power Center, or what could be called your heart filter. And even though you are aware of the thought forms/energy others project to you, you allow nothing lesser than unconditional love to take up residency within your Being. The blessed gift you have been given, an etheric rose quartz heart, embossed with the sacred lotus flower and with a blazing Violet Flame in the center, assures that all energies of a negative vibration will be transmuted before they are allowed to enter your force field.

Your Divine discontent inspires you to learn as much as you can about the workings of the universe and the Divine Laws of Creation. You seek to balance your emotional awareness of Spirit or the Creator with the wisdom and understanding of the vastness and wonder of Creation, and one of your greatest desires is to learn what part you are destined to play in this great ongoing drama.

Through your conscious endeavors, you gradually balance your chakra system, the seven major energy/mind centers in the body that contain the Creator’s seven virtues, attributes, and abilities for your solar system, so that they spin truly and in harmony. This in turn opens and unifies the seven seals of solar consciousness, which allows access to the higher multi-dimensional chakra system and the five higher Rays of galactic consciousness. You prepare the way for a soul merge, whereby your soul self replaces the ego desire body as director of your life’s experience, which in turn allows integration of your Higher Self, your Christ Self, and eventually your I AM Presence. You have always been connected to our Father/Mother God and the Supreme Creator, but their energy has been vastly stepped-down through the many levels, dimensions, and the Great Beings of Light. The miracle of the

times is that the Earth and humanity are being bathed and blessed with the greatest infusion of Divine Light ever experienced since this solar system and galaxy were created.

Down through your many incarnations and the painful experiences you have suffered, you gradually placed protective shields around your heart and emotions, and have often become rigid and inflexible in your thinking. If you do not love too deeply or intently, you won’t be

hurt. If you do not care too much for others, or expect too much, you won't be disappointed or rejected. If you do not take a chance or try something new, you won't fail. These are some of the standard viewpoints of those stuck in the third/fourth-dimensional illusion. Change is threatening and moves you into the unknown. Your habits and beliefs are comfortable and safe, even if they do perpetuate a sense of separation, pain, and sorrow. You cannot integrate all the facets of your God Self without thawing or dissolving the emotional and mental filters you have placed both within and around your Essential Being. Your auric field, golden etheric web, and the imperfections within your DNA that you inherited through your ancestry plainly display the shields, distortions, and protective layers you have woven around yourself.

We have spoken often about releasing and healing the core issues that keep welling up from deep within: the guilt, shame, unworthiness, sense of failure, and abandonment, which lead to depression, anger, fear, and hopelessness. As you move up the ladder of ascension, these core issues will no longer be denied. They will roil and bubble to the surface and get your attention in any way possible, whether it be mental, emotional, or physical symptoms and strife. Dear hearts, we implore you, do not deny these feelings any longer. Consider them a gift and an opportunity to, once and for all, let go of all the emotional trauma that is keeping you tethered in a world of illusion and separation. As an observer, allow the feelings to rise to the surface. Through your intent, affirm that you are ready to release these dis-empowering emotions. Go into your Pyramid of Light/Power in the fifth dimension and lie on the crystal table. See the Violet Fire of Transmutation blazing up and around you, bathing, cleansing, transforming the thought forms/negative energies into pure crystalline Light. Then envision that transformed energy moving within your body and filling those vacancies with more crystalline Light substance. In this way, you are slowly but surely rebuilding your radiant vessel of Light, your Adam/Eve Kadmon perfected body. Practice the Infinity Breath and use the Alpha Mastery techniques to assist you and speed up the process of transformation and empowerment. These are wondrous tools, but serve no purpose if you do not take advantage of the gift.

It has become the norm or the fashion to turn to others for knowledge or what you accept as your truth, but this will quickly change as more and

more of you tap into your own source of wisdom and the higher truths now available to all. Yes, it is true, there are those who have proceeded you along the path as way showers and trail blazers. They are the ones who have dedicated themselves to unselfishly serve humanity. Faithfully and diligently, they traveled the narrow path of enlightenment, often uncertain as they traversed unknown territory. They were judged, ridiculed, and ostracized, but they steadily kept moving forward. Inspired by a burning desire from within, they did all that was necessary to prepare themselves to be the messengers of the New Age, and they have been instrumental in reestablishing the connections between humanity and those of us who reside in the higher realms. We honor them for their unselfish service and dedication, but the time is swiftly approaching when each of you will be asked to tune-in to the frequencies of higher learning and expression, to revive your innate ability to telepathically

communicate with us and access information from the Cosmic Mind. It is your birthright and part of your initiation into the exalted states of consciousness.

We implore you to begin, no matter where you are on the scale of enlightened awareness. Begin by asking for assistance from your angelic helpers and guardians from the higher realms. Dare to solidify your dreams and your visions for the future by writing them down in a journal or on paper so that you have a clear, concise plan before you. Align your vision with Divine Will, and always seek the highest outcome. Treasure each day as a gift from the Creator, and live each moment to the best of your ability. Always seek to see the best in yourself and in others. Be aware of the small gifts and miracles that occur around you every day. Feel the sun's warmth on your skin; breathe deeply of the fresh clean air, and focus on the beauty of nature, whether it is summer or winter. There are always things of beauty to inspire you, but you must look for them. As an observer, without judgment, review what you can change about yourself or do better. Begin with the small habits you would like to change, and as you grow in confidence, you will advance in wisdom, discipline, and strength, and move on to greater accomplishments.

We implore you, do not worship us or see us above you. We are all facets of the Creator, just as you are. We wish you to see us as your brothers and sisters on the path, serving our Father/Mother God, just as you are. As the spiral of evolution turns, great change is inevitable, and we know that you are dismayed by what seems to be more chaos, conflict, and violence around the world. Again, we encourage you to focus on what is right in your world, and to add your gift of loving energy and God Light to ours so that we can create miracles for the highest good of the Earth and all humanity. The negativity, fear, greed, and struggle to gain supremacy over others seems to be increasing by leaps and bounds, and we tel

I you, our brave warriors of peace, it is not the time to be faint of heart. Gird your spiritual armor around you, stand strong and connected to the God-Spark within your solar power center. We have overcome challenges and obstacles much greater than these, and we promise you, together, we will prevail. You are loved beyond measure. I AM Archangel Michael.

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** Transmitted through Ronna Herman * STAR*QUEST * 6005 Clear Creek Dr., Reno, NV
89502 USA **

Phone/Fax: 775-856-3654 * Email: RonnaStar@Earthlink.net * Web Site:
www.RonnaStar.com

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RONNA'S AFFIRMATIONS * LOVE IS THE MAGIC INGREDIENT ©

I respect myself, therefore others respect me.

I live and love to give. I am worthy of abundance.

I share my prosperity with others, for I know there is a never-ending supply available to me.

I am a loving friend. I have loving friends in my life.

My touch is tender and loving. I love to be touched tenderly.

I hold all those I love lightly in my heart and allow them to be free.

I communicate my love through my thoughts, words, and actions.

I trust the wisdom and perfection of the Divine Plan.

I will focus on the beauty and perfection in my world, thereby magnifying it.

I trust, therefore I am trustworthy.

I live and love passionately. Passion and purpose inspire me.

I commit myself totally to loving and being loved. I am committed.

I think loving thoughts * I radiate loving thoughts * I am love in action * I AM LOVE.

***** Dearest friends, as the year 2002 comes to a close, we look out upon a world of uncertainty. However, if we stay focused within our heart center, we know without a doubt that we are dearly loved by our Creator and all the wondrous Beings of Light, and that we are under the protection of our beloved Lord Michael. It seems that 2003 will be a year of testing our faith, whereby we must truly walk our talk and fly our vision. As never before, we must stand bravely and firmly anchored in our faith, knowing that no matter how dark it may seem, we can weather the maelstrom of negative energy that is swirling around the world as we stay calm in the center of our sacred heart. Please join me in our world pyramid as we send forth to the Earth and ALL humanity the transforming Love/Light from the Creator that we have striven so diligently to integrate so that we may radiate it forth to others. We are making a difference, and as has been said before, it always seems the darkest before the dawn.

I was not able to tell you before because, once again, I was asked to be a surprise guest at a seminar. It was planned by our publisher, Martine and Marc Vallee, of Ariane Publications in Montreal, Canada, who publish the French translation of Lee's and my books. The

event was to honor Lee Carroll and Jan Tober for their many years of service to humanity. We had 780 people on Saturday (a capacity crowd), and approx. 450 people on Sunday. It was a beautiful, heart-warming event and Beloved Michael's messages were received with great warmth and gratitude. Since I was able to present only a small portion of the

wonderful techniques he has given us this past year, we are planning my return to Montreal in August, 2003 for a one-day intensive. I look forward to spending more time with these warm, loving people.

Please know that each of you has a special place in my heart. May your new year be filled love, Light, joy, and bounteous blessings. Your loving sister in the Light, Ronna

MESSAGES FROM ARCHANGEL MICHAEL * LM-2-2003

TRANSMITTED THROUGH RONNA HERMAN

A CHALLENGE * AN OPPORTUNITY

Beloved masters, during these most critical times on your planet, we offer you a challenge and an opportunity. Will you join us in spreading a thought form of love so powerful that it will overlight the Earth and all humanity? You have been flexing your spiritual muscles for quite a long time, and now we are asking you to move into the next level of awareness and empowerment: the awareness that you can make a difference in the world, and that you can play an important part in scripting the outcome of the future of humanity; an awareness that when you join together with others of like mind with loving intent, you can change the course of history. You have all the forces of Heaven just waiting for the opportunity to join you, and together we create an unbeatable combination. Love is an awesome source of power for it carries the Divine Essence of Creation, and it ignites a Divine alchemical action within those who are infused with this Essence, whereby the transmutation into a more refined or purer level of frequency patterns is more easily accomplished.

It is not a time to stand alone. It is not a time to focus on your own narrow world and your personal problems, excluding the larger picture and your eternal soul families. In the past fifty years, your consciousness has expanded beyond the narrow view point of your personal family and environment to incorporate an awareness or world view which encompasses all nations and all people of the Earth. If you have not accepted the viewpoint/truth that what affects you affects everyone else on Earth; you should, for it is true. And you are affected, for better or worse, by every occurrence that takes place anywhere in the world. Just as the element of air/wind lift the sands/dust from the great deserts high into the jet stream and carries it around the world, so it is with the vibrational frequency patterns from thought forms, actions and intent of every human. Whether positive or negative, it adds to or detracts from the stream of mass consciousness.

We explained to you that there are two bands of energy encircling the Earth. One is a dense, dark, negative band of compacted thought forms which was created over the ages through the collective consciousness of humanity. You, the faithful servants of the Light, have created another band of sparkling Light, composed of your thoughts of unconditional love, joy, peace, wisdom and nonjudgment, which has and is making a difference. The cataclysmic event of 9-1-1 and all the violence and the massive explosions that have taken place over the last two years have had a rippling effect around the world and have torn the band of darkness asunder, shattering it into trillions of minuscule thought forms. These powerful, negative energy patterns penetrated deeply into the heart of every human on Earth and dislodged or brought to the surface all

the fear, hatred and distorted energy that has been there for thousands of years. Have you not wondered why, at this particular time, there is so much hatred and such fanaticism, and

why there are hundreds of thousands of misdirected souls who are willing to die for what they believe to be a holy cause?

Allow us to give you an overview of what is taking place on Earth from our vantage point. You will then see that what is happening does fit into the larger picture and was an inevitable part of the transformation process now in progress. No, we did not instigate these tragic occurrences, but as we have told you, we will use any means at hand to help you move past the limitations of the lower dimensions and into the realm of Light, beauty and wondrous things beyond imagining.

For the past 100 years, humanity has been in the process of releasing, resolving and transmuting the emotional trauma, energies and imbalances that resulted from the cataclysmic destruction/sinking of the continent of Lemuria and most of the Lemurian race. Our Mother God or the Goddess virtues and attributes have been the overlighting influence of this era, focused on unconditional love, service, nurturing and instilling all the feminine aspects of the Creator Rays within the physical vessel. Therefore the balancing/harmonizing or transmutation process has been focused on the three lower physical chakras with the overlighting influence of the energies of the Goddess or the virtues, aspects, attributes of unconditional love (including love of self); self-worth issues including service to others balanced with honoring and serving self; taming the ego desire body by allowing your soul self to become the director of your life's experience instead of the ego desire body. In other words, filling the three lower energy/mind centers with the wondrous transforming love of our Divine Mother as we seek to return to the pure Essence of unconditional love, thereby balancing the energy centers within your physical body so they spin truly and in harmony one with another.

To refresh your memory: the three lower physical chakra/energy centers are:

1. The root or base chakra (survival, the physical body, scarcity/abundance, security, bonding with the Earth or grounding oneself in the physical expression).
2. The naval/lower abdomen or sacral chakra (sexual/passionate love, ego desire, pleasure, surrender, tolerance).
3. The solar plexus chakra (personal power center, mastery of ego desire body, self-control, emotional body center).
4. The heart chakra, which is the bridge between the three lower and the three higher chakras: the physical and spiritual worlds of reality (life force energy center, dwelling place of the Essence of Self, center of Divine love). * The three higher spiritual chakra/energy centers are:
5. The throat chakra (power of the spoken word, creative expression through speech, sound/vibration)
6. The brow/Third Eye chakra (in

tuition, insight, clairvoyance, accessing the higher brain centers and multi-dimensional perception).

7. The crown chakra (spiritual will, inspiration, accessing wisdom from the cosmic mind, re-establishing unity consciousness).

Even though you have not completed the task, many of you are well on your way to bringing your emotional nature into balance so that you may express unconditional love toward all. It is an ongoing process, but remember, all you have to do is clear fifty-one percent of the imbalances within and you then move into a state of grace whereby the process is greatly accelerated.

Since the Earth-shaking event called 9-1-1, there has been a dramatic change within the human psyche, as well as in the consciousness of the Earth. In order for humanity and the Earth to return to balance and harmony within, all the negative energies from past physical incarnations had to be acknowledged, addressed and transmuted (not each deed, but the accumulated negative energy patterns within your four lower bodily systems: physical, mental, emotional and etheric). The difference is this: the energies that you are confronting now are of the Atlantean Era and of a mental nature, or having to do with the mental body. The fourth golden age of Atlantis was overlit by the virtues, attributes and qualities of the Father Creator, the dynamic masculine, outward thrusting force, the will to create using the mind to control and mold the energies of the First Ray of Divine Will. It was a time of totally integrating the mental faculties and the physical senses into your newly formed earthly vessels.

The process you are now in the midst of is healing, balancing, harmonizing and infusing the three lower physical chakras with the overlight energy of our Father God, or masculine virtues and attributes using the mind or mental body. We will not deny that this is the most difficult task/test of all, but many of you have passed through what you might call "the initiation of the mind," for a lack of a better term. However, it is an awesome task and fearful undertaking for those still stuck in the illusion of the lower dimensions where fear, hate, anger, violence and self-destructive tendencies are the norm. This is what is taking place in the world at this moment, and that is why we say this is the greatest challenge you will ever face, both personally and collectively.

We have spoken much about the Lemurian Age, and over the years have only touched briefly on the Atlantean Age. Now it is time to give you some historical facts to help you understand what is taking place at this time. As most of you are aware, the Atlantean priests and priestesses used the great crystals of various sizes, colors and resonance to create wondrous things of material form. Their power source came from the great crystals, their healing modalities were based on the harmonizing frequencies of the crystals. They draw forth the wisdom and primal life force

substance of Creation via the crystals using Light, sound (toning) and with loving, pure intent, they held a perfect vision in their minds as to what they wished to create in the

physical expression, and their visions magically took solid form. All were directly connected to their Higher Self, I AM Presence and the life-giving frequencies of our Father/Mother God. In the beginning, they knew only perfection and that is what they created.

There were also great sentient crystal obelisks that penetrated deep within the Earth and angled out in all directions beneath the great continent of Atlantis. There was a wondrous temple of the eternal Violet Flame where you went when each earthly incarnation was completed. You stepped into the blazing Violet Fire of Transmutation and were instantly transported to the appropriate realm in the higher dimensions. That is the way it was intended to be, not the often lingering, painful, fear-infused death process that most of humanity now faces.

Most of the giant crystals of the Atlantean era have lain semi-dormant, and the Eternal Violet Flame was not distinguished when the temple sank beneath the ocean waters, but was greatly diminished. It is not a myth, there are great structures, temples and pyramids resting on the ocean floor in the Atlantic ocean and the Caribbean, with the majority in the area of the Bahamas, Cuba and off the coast of Florida. All of the islands of the West Indies are remnants of Atlantis. Many of these islands sank during the final deluge over 12,000 years ago and then rose to the surface again over time. There is where the memories of that age are stored, both positive and negative, waiting to be transmuted and brought into balance. As a part of this process, the mighty Violet Flame of transformation is burning brightly at maximum strength once more within a protective sphere of Creator Light, and the great crystal sentinels have been activated again. One of the most powerful spires is in the area of what is known as Bimini (which has often been spoken of in connection with Atlantis). From there the obelisks fan out pointing toward the southern tip of Florida in the United States, toward Bermuda, Cuba, South America and the Yucatan Peninsula (which was once a major Atlantean colony). The energies radiate out into the great ocean and are carried around the world via the Element of water, just as they are carried via the Element of air.

In these critical times, we ask you to join with us in bringing forth to the Earth a thought form of Creator Light so powerful that will surround the planet and will be made available for any who are willing to partake of this blessed gift. Any and all may participate, but the amount of this rarified Love/Light that you will be able to access and contain will depend on to what degree you have balanced and harmonized the energy centers within.

In unison with our Father/Mother God, we the angelic realm and all great Beings of this univ

erse, created a wondrous Pyramid of Light within the Great Central Sun. We gathered within this great edifice and through our combined decrees of Love brought forth the greatest infusion of Creator Primal Light Force substance that could be utilized by the humanity of Earth. It was then sent forth down through the multi-dimensions to the highest plane of the fifth dimension and there it awaits you.

We invite you to join us in this rarified environment and to partake of this Divine gift at whatever level you are prepared for. Relax into a meditative state (using the Alpha master techniques or the Infinity Breath is a very effective tool to help you attain the appropriate level of harmony). Through your intent see yourself being lifted into this special pyramid, and go to the special chair that is awaiting you there. State in your own words that you are willing to be a Divine Emissary of Light and ask that you be filled with the appropriate amount of the precious elixir of Light/Life Force Energy that is available to you. Focusing on your heart center as you breathe deeply. Observe as a small brilliant diamond-shaped Light slowly forms in the area of your heart; this is your DIAMOND CORE CELL OF PURE CREATOR LIGHT. As you continue to breathe deeply, watch as another diamond shape, just a little larger, forms around the core cell, and then another, and another, until a total of twelve diamond shapes, each a little larger, take shape within your body. The lower point rests on your root chakra, the two outer points are located at the heart center and extends the width of your body, and the upper point anchors at the crown chakra. As you continue to breathe, watch closely as the diamond shape becomes three-dimensional; the diamond core cell stays deep within your heart center, but it is as if someone pulls the center from both the front and back, thereby making the diamond shape project out from the front and the back of your heart center.

Now sit quietly as you are filled with the Essence of the Creator. When you feel a completion, slowly bring yourself back to the reality of Earth, knowing that you are forever changed. All you have to do is stay centered in your heart and allow this Divine transfusion of Light to flow through you and out into the world. The more you share, the more will be given to you. However, we give you a caveat, beloveds: live with pure intent and monitor your thoughts, for your thought patterns will quickly come into manifestation. Now as never before, it is time to stay centered in the heart and focus on that which is of the highest order and for the greatest good. Rise above the swirling effluvia and stay centered in the diamond eye of God Light, thereby creating a haven of peace and harmony. Come, join us often in this temple of universal love, we await you there. I AM Archangel Michael.

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**Transmitted through

Ronna Herman * STAR*QUEST* 6005 Clear Creek Drive, Reno, NV 89502, USA **

Phone/Fax: (775) 856-3654 * Email: RonnaStar@earthlink.net * Web Site:
www.RonnaStar.com

MESSAGES FROM ARCHANGEL MICHAEL LM-3-2003

THROUGH RONNA HERMAN

SEEKING HARMONY IN THE NEW COSMIC DANCE

Beloved masters, many of you are experiencing the cutting edge of creative existence as you rapidly move through the remaining distortions of your old reality into a more clearly defined life and viewpoint. However, your emotional and mental awareness are still at odds and battling with the dichotomy of old and new thought forms/beliefs that are swirling around you. Symbolically, in one hand you are holding your justly earned higher vibrational awareness and wisdom as you test and validate your newly expanded senses, and you experience the many small and large miraculous manifestations that are occurring in your everyday life. Yet, in the other hand you are still trying to juggle the swirling mass of distorted thought forms prevalent in what we will call the common consciousness of humanity which is in the throes of the remaining vestiges of the old third/fourth-dimensional reality perpetuating fear, lack, separation and the deep-seated need to control and dominate others.

It is truly a cosmic dance you are in the midst of, and what we are endeavoring to do is help you find the harmonic cadence and beat which will allow you to waltz, glide and surf on the crests of the New Age waves of change, and to modify the troughs or lows in-between. Have we not told you many times before, this great drama you are in the midst of is not about Light/dark, good/evil, negative/positive, right/wrong, for there are many shades, interpretations and levels of truth within each of these concepts? What you are seeking is the middle path or balance, which means bringing all facets of your Being into harmony, one with another: the physical body, emotional body, mental body and etheric body, so that they resonate compatibly, and they compliment and strengthen each other.

First you accomplish this in what could be seen as a horizontal fashion, whereby, you reintegrate all the energetic facets of yourself you have created within your force/auric field. You focus within on each chakra/mind center and, through your enlightened intent, you gradually reprogram each of these centers, thereby replacing old dis-empowering vibrations with new master cells of Creator-consciousness. As you do so, the refined energy from each center radiates outward and re-defines/harmonizes the attributes and qualities that pertain to that particular energy center. As we have taught before, as you bring these energy centers into harmony, one-by-one, you activate/open the seven seals of higher consciousness, which ignites the pillar of Light in your spinal column and you gain access to the more rarified vertical levels of consciousness known as your Higher Self, your Christed Self and your Divine Self or I AM Presence.

Those of you who are deep in the midst of this transformational process at this time are experiencing many conflicting patterns of thought, but you are learning to b

e an observer of the process and view your everyday drama of life from the higher vantage point of a master. You are experiencing fewer and less dramatic lows, and are processing these and are moving back to your center of power much more quickly. However, it is a critical time of testing your ability to claim what is to be your highest truth and to maintain your balance as the waves of change ebb and flow. As you become accustomed to observing your world from a loftier viewpoint, you will be able to see the energetic probable future time lines which those around you are creating with their positive/negative thought forms and actions. You will intuitively see what is ahead of them if they continue on their present course—possibly not the particular details—but the uplifting or stressful results of their actions. Just as we cannot interfere or resolve your problems for you, you will not be able to intercede for those around you. What you can do is not get caught up in their negative dramas and you can serve best by being an unwavering example and staying firmly in the power of your heart center, each and every moment, no matter what occurs in the world around you.

It is an exhilarating time to be in the physical vessel, and yet, your physical vessel is struggling to keep up with the ever-increasing frequencies that you have available and are integrating moment-by-moment, and day-by-day. Many of you who have not suffered colds, the flu or intestinal disturbances for many years are now experiencing these debilitating symptoms and some of you ask “What am I doing wrong?” You are not doing anything wrong, my brave friends; it is what you are doing right that is causing these uncomfortable bouts of bodily distress. This is a good example of old limiting thought forms: you see any of these symptoms or any illness as bad or unhealthy and that you are being punished or did something wrong for this to happen to you. We acknowledge the fact that these occurrences are not pleasant to experience. (Of course, we do not know this first-hand, but we do see and sense your distress). However, we wish to give you another facet of truth to ponder on. Again, many of you who are deeply emerged in the transformation/ascension process are experiencing these uncomfortable symptoms as a way to quickly transmute the old negative energies within your physical vessel. You could call it a transmutation or baptism by fire, a burning/releasing of old frequency patterns to allow the higher, more refined crystalline cells of consciousness to infiltrate and take dominion within. Not all viruses are bad nor are all the uncomfortable symptoms you are experiencing. See them as a means to an end and serving a higher purpose. These things too, will pass, beloveds.

We ask you to nurture yourselves, to pay attention as never before to your physical vessels and the signals or messages your wise body Elemental projects to you. How will you enjoy the beautiful world of love

, joy and abundance you are creating if your precious physical vessel is not vibrant and healthy?

We would now like to continue with our explanation of what we will call the “second act” of the transition process that is now being played out on Earth. In our most recent past message, we explained how the three lower chakra centers must now be cleansed/balanced to receive the refined mental body energies and the dynamics of our

Father God: power, truth, valor and the will to create using the outward thrusting energies of the masculine attributes. No one is immune to these deeply penetrating energy patterns. No matter where a person stands on the ladder of ascension, each and everyone will experience the effects of the upward spiraling frequencies of Light. As you can see, many in the world have moved more deeply into separation and fear and are rigidly affirming that their way/truth is the only right/acceptable way. And, herein comes one of the greatest tests for you who claim harmony and a peaceful coexistence for ALL as your reality.

Our messenger's journey to the Bahamas in the Caribbean was planned many months ago, and it was not by coincidence that she was there at that particular time (Feb. 1-8, 2003 - Ronna). The group that was called/nudged to be there with her took on a special assignment in the higher realms long ago and agreed to be born together during the last era of Atlantis. They fulfilled their mission in that lifetime and perished together in the great deluge that sank the last remnants of that great continent. Another part of the plan was that they would come together again in this lifetime to facilitate the healing/transmuting of the old negative Atlantean energy, and also to become vessels for the Diamond Core Cells of Creator Light that were radiated down from the heart center of the Supreme Creator and placed in a pyramid of Light in the highest plane of the fifth dimension. The group as a unit was taken to that rarified realm, and individually they received the twelve facets of Creator Light and the Diamond Core Cell. They were then taken in their etheric bodies down in the waters where the ancient remnants of the Atlantean civilization lay buried beneath the sands of time. Each one visited one of the special temples and brought back a symbolic gift that was left there for them; and then as they breathed the infinity breath in unison, that wondrous diamond cell of Creator Light began to sweep around the Earth via the elements of water and air.

It was also no coincidence that the space shuttle Columbia disintegrated in the atmosphere during that particular time. Again, we say, no, we did not orchestrate the event, but it was a soul agreement made by that brave group to assist in this dynamic process of evolution in whatever way was required of them. As the people of the world turned their thoughts toward the skies and opened their hearts in sorrow for the beautiful souls who perished, that diamond cell of

Creator Light penetrated the heart center of all those who were "open-hearted" enough to accept it. Can you not see why we ask you to rise to a higher vantage point as an observer of what is taking place in the world today? You have no way of knowing what the overall plan for the future is, or how a seemingly disastrous event can be a part of a grander drama within the universal blueprint that will ultimately result in the highest good for humanity and the Earth. Be assured that all who agree to sacrifice themselves, past, present or future, in any way, for the good of the whole, do so lovingly and of their free will in the higher realms as part of their soul contract before incarnating in a physical body. Mourn for your loved ones, but also rejoice with them as they celebrate their victory in the higher realms. This is also one of the higher truths that we ask you to allow to take up residency in your

consciousness. It will make it much easier for you to accept the stressful situations that will occur as you meet the challenges of the future head and heart on.

Come, beloveds, allow us to take you to the pyramid of Light in that glorious realm of the highest fifth dimension so that you may receive your personal DIAMOND CORE CELL OF PURE CREATOR LIGHT and so that you, too, may be a carrier/anchor of this precious gift and spread its radiance from your heart center out into the world from where you live. In doing so you will have all that you need to keep up with the ever-increasing beat of the cosmic dance of the future. We await your arrival with great anticipation. You are loved most profoundly. I AM Archangel Michael

Transmitted through Ronna Herman *STAR*QUEST* 6005 Clear Creek Drive, Reno, NV 89502 USA

Phone/Fax: 775-856-3654 * Email: RonnaStar@earthlink.net Website: www.RonnaStar.com

Dearest friends: I can't begin to tell you of all the miracles that happened during our week in the Bahamas. Tom and Zehra Boccia, dear friends of mine who sponsored my two appearances before the United Nations UNSRC Enlightenment Society in NYC, own two historical homes in Governors Harbor, which Tom has been restoring for a number of years. They are there during the winter months to get away from the harsh New York winters and have decided to hold a limited number of "spiritual retreats." I was the first one they asked to come, and I knew immediately that it was important that I do so. They can accommodate only ten guests, plus the seminar presenter, and so it was to be a small intimate gathering. Beloved Michael began to download information to me several months before the event. He had me reread the third story of my trilogy, Once Upon a New World, which is titled MYSTICAL ATLANTIS. (I call the trilogy "metafiction;" it is inspired, but not channeled, and the stories ar

e remembrances of six of my past incarnations.) The stories helped me tremendously to understand the interactions, both positive and negative, I've had with the people in my present life, and they have made my "lessons" much easier by helping me to understand that I am not a victim of fate and I am in control. They are love/adventure stories which entertain as they teach the universal laws and higher truths that are so important for us to know during these times of great change. Lord Michael told me that the major characters in that story would be with me at this seminar, and as I did a personal reading for each one, he told them who they were and the part they had played. I took several copies of that book so that they could read the story and understand the significance of what was happening. They were all somewhat amazed and we were all deeply moved by the experience. I was given information before I left about how to use the set of Biosonic tuning forks I had purchased over two years ago. I used them while there. We also had a group healing

session using the tuners, and we were all excited at the wonderful energy and transformation they facilitated. I plan to use them at all my seminars in the future and hope to develop a program so that healers can incorporate their use in their healing modalities. I am to call the technique Biosonic Energy Repatterning. We had several wonderful healers at the seminar, including a doctor, two nurses and several therapists, and they all were excited about the potential of the process. AA Michael keeps saying, "Light, sound and color are the healing modalities of the future," and I can certainly attest to that premise. I also was led to an old file from several years back where I had placed the picture and information about an ancient Atlantean healing disc. AA Michael led me to it (as he often does) and suggested that I have copies made to take to the group. We all put our crystals on the disc on the floor in front of us during the daily sessions and the magnification of the energy was incredible. We truly did create a fifth-dimensional environment and each person came away with just what they needed to catapult them upward/forward on their journey to the stars. Amazingly, we had four people from the west coast, and four from the east coast, Dr. M., a dear friend from California, is originally from South America and another dear friend lives in Canada; other than myself, there was no one from the central part of the USA and so we had a strong representation from the west, the east, the north and the south. A lovely angelic lady from Austria was there to take the energy back to Europe. And to expand the miracle even more, when my dear friends, Geoff and Linda Hoppe, held their seminar the week following ours, they had no one from the USA attend. Their participants were from Mexico and various other places around the world so that they could be the carriers of these wondrous energetic gift back

to their countries. Archangel Michael told Zehra Boccia several years ago that she had been the High Priestess Exonna in that last era before the great cataclysm, and so it was very appropriate that she had chosen to be the caretaker of the land there on that ancient soil (they have had the property for over 20 years). I was amazed to learned that four of the attendees at my seminar were of Michael's lineage and I made the fifth. There was also a person of Metatron's lineage (the Light of God) and one of Melchizedek's lineage (the wisdom of God), with me anchoring the third point for AA Michael (the will of God). So we had four Michael energies to anchor the four corners of our pyramid and three of us to form the trinitized expression of our Father/Mother God. As it all fell into place, I was in awe and almost overwhelmed to say the least. After a few minor adjustments and expectations, we all settled in and created a space of joy, peace and harmony in which we all were nurtured and experienced a joyous reunion. The experience of going to the Pyramid of Light that was prepared for us is beyond compare and my personal journey back to Atlantis was one I will never forget. I was taken to the Hall of Records and I was shown the page where we all signed our name in agreement to be a part of this particular mission and to reunite once more during these times of tremendous change to play an important part in the drama of ascension. I know this same scenario is being played out all over the world by different groups—different scenarios and different assignments, but all just as integral to the whole. I usually come home on a high after an event, but I must say that this time it has been beyond my wildest expectations. I always have a lot of energy and feel great, but now it is hard to keep up with myself and the miracles are unfolding at an ever-increasing rate. I am so

profoundly grateful to Tom and Zehra for making this event possible, and to all the dear souls who made and kept the commitment with me so long ago. I am looking forward to the coming years with great joy and expectations. I will not allow the distortions and negative energies that swirl around me to divert me from my path. Affirm with me, beloved friends, that together we will prevail, we will stay the course as we put on our dancing shoes and waltz across the heavens together. My deepest love, blessings and a big hug to each of you.
Ronna

8/2/04 * NOTE FROM RONNA: Finally, after many years of preparation, my trilogy, ONCE UPON A NEW WORLD, has been published in 6 x 9 (trade size) Soft cover paper back. There are predictions by others that the trilogy will be a major mainstream seller, touching millions who are ready to awaken and begin the journey of self-mastery. If you know someone who might benefit from learning the universal laws and some of the higher truths our beloved Archangel Michael teaches us in simple everyday form, please recommend the trilo

gy to them. The six love/adventure stories taken from some of my past lives teach the continuity of life, the laws of cause and effect or Karma, and how we incarnate in each lifetime with certain lessons to learn, and different talents and abilities to perfect. The stories represent the great drama of life and the roles we and others choose to play in a particular lifetime. I would greatly appreciate any assistance you can offer to assist in getting these important lessons out to the world. Many thanks and blessings, Ronna

MESSAGES FROM ARCHANGEL MICHAEL * LM-4-2003

TRANSMITTED THROUGH RONNA HERMAN

SEEKING PEACE FROM WITHIN

Beloved masters, it is time to take an inventory of what you are thinking and the emotional energy you are projecting during these days of conflict, turmoil and stress on your planet. Are you diluting or distorting the aura of harmony you have created around you by allowing yourself to be caught up in the chaos of miscreation and destruction that is taking place on planet Earth at this time? Are you engrossed in the scenarios that are being presented over and over again via the television, radio and newspaper media? Have you once more allowed yourself to be drawn back into the density of the negative environment of illusion? If your answer is yes to any of these questions, you are fueling the chaotic vibrations of the world situation with your energy instead of adding your Love/Light/Power to that of other emissaries of peace around the world. Will you stand on the side of those whose greatest desire is to bring about a peaceful solution for the greatest benefit of all, or unintentionally align with those who wish to perpetuate separation, suffering and domination?

We do not mean that you shouldn't stay informed as to what is taking place around the world, but we are saying that now, as never before, you must rise above what is occurring and join us as observers from a higher vantage point, a vantage point where there is no right or wrong way, only different shades of truth and different motives, a vantage point where no race, country or religion is totally righteous or blameless, nor totally in the wrong. Remember, each and every soul on Earth carries a Spark of the Divine within. You must stay heart-centered and attuned to your Higher Self with a Spirit-inspired consciousness so that your actions and decisions are always in alignment with the Divine plan. Then, beloveds, you will stand among the ranks of the righteous ones whose greatest desire is to return the Earth and humanity to a true state of peaceful co-existence in an environment where our Father/Mother God reign supreme.

Granted, there are those who have agreed to play the "devil's advocate," those who are presenting your shadow side to you in its most destructive way. There are others who self-righteously claim to have only the highest, most altruistic motives, but we see and know the ulterior motives behind the decisions that are being made, and the actions that are being initiated in the name of peace and justice. The game of duality is being played out on Earth in its most dramatic form right at this moment, and it is up to you whether or not you will be drawn into the swirling downward spiral of mass karmic action that is now taking place.

We have spoken many times before about the laws of cause and effect, or for every action there is a reaction, which results in what is known as negative or positive Karma. For many ages, you, as the en-Light-ened ones, hav

e been working diligently to bring into balance your personal karma, ancestral karma and race karmic influences. That was a major part of the game of duality and polarity, returning to balance and harmony in all facets of your Beingness. And so what will happen now as the winds of war, conflict and destruction swirl like a dark and heavy cloud around the Earth, touching and affecting everything and everyone? It depends on what you are feeling and thinking, dear ones, what is on your mind and in your heart as to whether you will stand firmly in the Light or add to the negative karmic thought forms that are being created each and every moment. Many of you have succeeded admirably in balancing your Karmic ledger of life, and let us now call it just that, your "Ledger of Life," whereby you have a plus and a minus column and your goal is to turn the minuses into pluses or positive energy patterns.

We are not asking you to passively sit by the wayside and do nothing. You are being asked to stand up and be counted, for your dynamic Life Force energy is needed now as never before. You are much more powerful than you can imagine, my brave friends, and you are playing an important role in attaining a peaceful solution to a very unsettling world situation. The energy you are radiating forth from your heart center has just as much an influence on the outcome of this great conflict as those who are on the "front lines." You, too, are on the front lines, so to speak, for you have the ability to tap into the pure, unmanifested primal Life Force substance and mold it into powerful thought forms and actions that can overcome any adversity. Those brave souls who have been called to the battlefield, no matter which side they are fighting for, if they are doing so with a desire for true justice for all, and with compassion of Spirit for their fellow human beings, instead of hate, a desire for revenge and to enslave or control others, then they are functioning as righteous warriors and the forces of Heaven are with them.

It has disturbed many of you that we use the terms "Warriors of Peace" and "Warriors of Light" or what might be construed as militant terminology. Here again, there are many different interpretations and different facets of truth. Since the Earth's and humanity's fall into the density of separation and pain, we have fought diligently for you and with you. We have fought the shadows of illusion and the negativity created by your mass conscious beliefs of fear, guilt and unworthiness. We have fought to assist you to reconnect with your Divinity, and to help you remember how magnificent you truly are. We have diligently carried out the orders and directives handed down from our Father/Mother God and the Creator, "Assist our children to return to the Light and to reclaim their Divine Heritage." Yes, we have been involved for aeons of time in a war between the Light of the Creator and the shadows of humanity, but our weapons have b

een love, compassion, understanding and support as you traverse the valleys of despair and seek to soar to the mountain tops of hope and illumination.

If you will join us in our efforts to bring Light unto the shadow world and hearts of humanity; if you will stand firmly in your convictions that ultimately right will prevail (knowing that only our Father/Mother God are aware of the total picture and what is truly the best outcome); if you can maintain a sense of peace and joy within and radiate the

expansive love of the Creator to ALL humanity, then you are truly a warrior in our Legions of Light.

Those who protest, shout and march for peace are adding their energy to the melting pot of chaos. They are not offering solutions or taking positive action, but laying blame and protesting the actions of others, declaring that non-action is the only way to achieve peace and harmony. It is another form of fence-sitting, or not taking a stand. We have told you many times before, it is time to “get off the fence,” it is time to declare which side you will serve, the Light or the shadow side. It is time to declare that you are an Emissary of the Light, a blazing Spark of the Divine, and a cocreator of love, joy, abundance and harmony, or a human being who is willing to take the easy way by following the dictates of others, thereby, for the time being, putting aside your Divine Birthright.

“Peace” is an often-used word in these unsettling times, and can be interrupted in a multitude of ways. You use the term “peace of mind,” which means having a calm, tranquil state of mind which is free of discord, inharmonious thoughts, or mental conflict. Peace can mean a mutual agreement between two people, a family, a group, neighborhood, city or nation which benefits all who are involved, and which brings about a calm, serene and secure atmosphere, as well as lawful order. It can also mean a treaty or agreement to prevent or stop a conflict between two dissenting factions. You may be called a peaceable person or a pacifist because you are inclined toward or seek to promote a peaceful environment. You may “seek peace” or endeavor to “keep the peace” through conciliatory actions or by settling disagreements through compromise. Peace is the end result of achieving harmony and balance in any situation. Peace is never attained via the emotional nature or mind of the ego, but through the higher vibrational energies of Spirit which always seeks the greatest/best outcome for ALL concerned. In your world of duality and polarity, the optimum goal is to seek harmony and balance in all things, but this harmony must begin from within. It must blossom within the heart as you allow Spirit to descend and once more take dominion within your physical vessel. Then you will begin to see through eyes filtered with love, and listen with ears tempered by compassion. You will know that all you ever require is yours for the asking, and you no longer seek to take that which belongs

to another. You always strive for a win/win solution, and you know that when one loses, everyone loses as well. You become champions of Light and you walk softly but courageously as you carry the blazing etheric sword of Divine will, honor, truth and justice. You affirm what is your truth, and you live your truth steadfastly with integrity and humility, teaching by example, and allowing all others the same right. You must first seek peace from within, beloveds, and when you find what you are seeking, you will radiate an aura of peace out into the world where it will be joined and magnified by that of others with a peaceful and harmonious nature. Together and in force, you can overcome any adversity and you can create and enhance the cells/areas of Light that you are building on Earth, as well as in the fifth dimension. And when those thought forms of Light reach a certain level of magnification, they will miraculously begin to manifest on the earthly plane. Many of

your visions are nearing that point and will manifest seemingly without effort. The final touches are being made and the preparations are almost complete, beloveds; now watch for the wondrous results of all your steadfast efforts.

Humankind's inhumanity toward one another has been an ongoing, never-ceasing process since the fall into density. Peaceful co-existence has hardly ever been the ultimate outcome of a conflict. The underlying intent has most often been to conquer, seize, and force others into submission without any consideration for the welfare of those caught in the middle or forced to fight.

We explained some time ago how the chasm between the Light and the shadows is widening, almost as if a world filled with the vibrational patterns of Light is being superimposed over the third-dimensional world of illusion and shadows. This condition is becoming more dramatically defined every day. It is imperative that you stay vigilant, heart-centered and Spirit-inspired each and every moment. You must learn to set energetic boundaries, and constantly reinforce your shield or column of protective Creator Light. You must listen to the whisperings of your heart, for it is there that your angelic guides and teachers will leave treasures of wisdom for you to access and use.

Go within, my faithful companions, and remember how, so many aeons ago, we soared the universe together, creating new galaxies, worlds and civilizations beyond your wildest dreams. Remember how you had available to you all the Divine substance of Creation, and all you had to do is reach out with your mind and mold it into form. Remember how all you had to do was envision something and it miraculously appeared before you. Try to remember the many forms you have taken, some human, but also many different forms in a variety of compositions, textures and features, but all beautiful and perfect in the eyes of our Father/Mother God. It is important that you remember that you have experienced every Ro

ot Race that has ever populated the Earth, meaning that you have been every color and have borne the characteristics of every race now embodied on your planet. We are telling you that you are a multi-faceted Being who has experienced all the richness and diversity that this Earth, this solar system, galaxy and universe has to offer. And so how can you judge your brothers and sisters because in this lifetime they have different colored skin than you, that they have different customs, beliefs and worship differently or call their God by a different name? It has been said, but bears saying over and over again, YOU ARE ONLY JUDGING YOURSELVES!

Remember, beloveds, during these times of great change, you can make a difference. Shine your Love/Light for all to see. Allow us to assist you to fulfill your earthly mission and nurture you with our love. Together, we will prevail. I AM Archangel Michael

Transmitted through Ronna Herman *STAR*QUEST* 6005 CLEAR CREEK DRIVE, RENO, NV
89502 USA

PHONE/FAX: (775) 856-3654 * Email: RonnaStar@earthlink.net Web Site:
www.RonnaStar.com

MESSAGES FROM ARCHANGEL MICHAEL * LM-5-2003

TRANSMITTED THROUGH RONNA HERMAN

THE TIME IS NOW

Beloved masters, once more, it is time for you to answer the call; time for you to step to the fore and say, "I AM READY," time for you to discard the remaining remnants of the disguises you assumed for the earthly drama you chose to play out in this lifetime. You have been playing with the concept of "empowerment of self" long enough. It is time to reach out and take the cloak of Light that is waiting for you, a garment that contains all the knowledge, attributes and qualities of mastership that you left behind when you embodied in the physical vessel.

You encumbered yourselves with overlays of negative, self-limiting concepts and thought forms from a multitude of past lives in order to face and conquer your greatest enemy, FEAR. We have explained many times before, fear is the absence of love in some measure. All negative emotions, impulses and beliefs such as anger, guilt, shame, unworthiness, low self-esteem, resentment etc. stem from a sense of being cut off from the life-giving love/Light of our Father/Mother God. You learned to project these feelings outward to those around you in an effort to recapture that feeling of warmth, joy, safety and empowerment that the unconditional love of the Creator instilled within your heart center. Over the ages, you gradually forgot that all the emotional sustenance you will ever need is supplied via that vertical shaft of Light that connects you to your Divine I AM Presence and ultimately the Creator.

You began to project emotional cords of attachment to those around you which has resulted in a tug-of-war in many forms between individuals, male and female, families, cultures and nations. It is an emotional war in which there are no winners, only losers, for no one can derive from another that which will conquer the debilitating enemy called fear.

You are in the process of finding your way back to the "love of the sacred heart," which is unconditional love. Love with conditions became the norm as humanity sank into the density, and from these negative thought patterns all other self-limiting concepts sprang forth and became your truth. Now is the time to reverse, release and restructure your present reality, a new reality that encompasses all the lessons in mastery we have given you over these past years. We have given you ways to monitor your thoughts and still the mind in order to reprogram your sub-conscious and conscious minds with higher wisdom from your Divine Self. We have helped you to bring the multiple-minds of your chakra system into balance so that, once again, they are working in harmony, one with another. Any wonder you have been at war with those around you, for you have been fighting a losing battle with yourself for such a long time.

As you begin to experience peace within the mind, you also begin to experience joy and bliss within the heart, for they are inexorably connect

ed. It is time for you to release all those concepts that do not support your highest, most-empowering vision for the future, for whether you believe it to be so or not, each and every day you are becoming more powerful cocreators.

Just as in the drama that is being played out on your planet today, there was a time in your ancient past when you, too, stepped forward, saying, "I am ready to serve." You left the beauty, safety and comfort of your homeland and journeyed out into the unknown. You spent many hundreds of years as you count time in preparing yourself for your mission, and you were tested over and over again to see if, indeed, you were ready.

You took an oath and agreed to allow yourselves to be diminished in Light, wisdom and power to whatever degree was necessary by fragmenting your wondrous Self, over and over again, in order to fulfill your assigned task. Your loved ones wished you well and watched you go with great sadness, but also with pride welling up within, for they knew that you were going forth on a great mission, a mission mandated by our Father/Mother God. They knew that you would be away for a very long time, and they also knew that you would forget them but they would not forget you. Now the members of your spiritual family are sending you beams of Light from home, love letters telling you how much you are missed and that it is time to return. Indeed, it is time for a spiritual reunion of monumental proportions.

The cosmic trumpet call for the battle to end has sounded, and it is time for you to return to your true estate as a full-fledged Emissary of Light for the Creator. A new assignment is being offered to you, an assignment that requires that you reclaim all of that which you left along the way on your descent into the material realm of reality. As you move forward, you are being reunited with your spiritual family, as well.

The battle between the Light and dark has really been a battle amongst yourselves. As the many fragments of expression were brought forth into physical embodiment, you all began to believe and affirm that yours was the right or true way, that your customs and traditions were the best, or your religion and rituals were the ones favored by God. Humanity created the broad spectrum of Light and shadow in which the pendulum of truth and power would swing back and forth over these many ages. In reviewing your past, it is obvious that there are never any true winners in a war, only shifting power and different kinds of problems or inequities. Humanity has not yet learned the art of empowerment through positive, assertive action which seeks justice for all. The wars you are fighting now are a result of seeds of hate and fear that were planted thousands of years ago, and until human-kind accepts the truth that you are all brothers and sisters in Spirit, there will be no true peace on the Earth, an Earth that is steeped in and hindered by third- and fourth-dimensional vibrational patterns of

fear and limitation. When the Earth and humanity ultimately are lifted into the refined frequencies of the higher fourth- and fifth-dimensional frequencies, there will be peace on Earth and war will be a vague, distant memory of the past.

That is why it is time for you to join the Legions of Light who are endeavoring to create a new Earth where peace and harmony will prevail. Each of you is much more powerful than you can ever imagine, especially if you have integrated and are using the tools of mastery we have offered you. Each time you visit your Pyramid of Light/Power and fill yourselves with the Divine elixir of love/Light from the Creator, you bring back with you into the physical realm more of that wondrous energy. You radiate it forth from you and it filters out as a gift to all those around you. Slowly, but surely, you are bringing down to Earth the building blocks of Light, which you will use to recreate the dreams and projects you have envisioned in the higher realms.

Beloveds, will you surrender your emotional pain to us and allow us to show you how to return to emotional peace and harmony within? Will you allow us to help you replace old limiting thoughts with new empowering concepts of mastery? Are you brave enough to script your vision for the future and place it in your Pyramid of Light, asking for the highest outcome for all? Are you willing to release any attachment to the outcome? As you align your will with the Creator's Will, you will be amazed at the sense of freedom and the assurance of rightness you will feel, for the Creator's desire is always for your highest good.

Mental harmony comes with reprogramming old negative, limiting thoughts which are judgmental, rigid and controlling. Mental detachment comes with wisdom and an understanding and faith in the Universal Laws. As an Emissary of Light, you will seek to live by the highest moral standards through virtuous conduct, and with a burning desire to see justice for all. Emotional and mental health and physical well-being are a result of learning to live in the sacred space of the heart while staying attuned to the wisdom of your Higher Self. As you learn to function in the stillness of the sacred moment of Infinity or the still point of Creation, magical things begin to happen to you and around you. You begin to create an energetic force field around you that is impenetrable. Your body is constantly renewing itself via the thought forms and energetic patterns you radiate. Change the self-limiting patterns and negative thought forms to those of positive, expansive vibrations and you change your body, your reality, and your world.

Are you willing to expand your thoughts to encompass a new reality? Are you willing to expand your boundaries as to what is possible to create and enjoy in your new reality? Are you willing to claim the prosperity and abundance in all things that you so desire? Are you willing to expand your mind and your vision as you reach

upward and outward to incorporate all the wondrous new concepts/inventions just waiting for someone to claim, integrate and create them?

Look back at the progress of humanity over the last 100 years or so. You have made astounding progress in all areas of physical existence. We tell you, dear friends, it is nothing

compared to what is waiting for you in the here and now A quantum leap in evolution and human consciousness is taking place, and those who are preparing themselves for this advancement are the ones who will set the pace for what is to come during these next important years on Earth.

We have told you that the Supreme Creator is now taking an active part in the process of reunification. There are wondrous new colors beyond anything you can conceive that are redefining the Rays as you know them because new frequencies patterns are being added, as well as new qualities and attributes as they become Rays of refined universal consciousness. The First Ray of Divine Will to Create has become the Royal Ray of the new creative process now in progress. It blends the esoteric (spiritual plane) color of blue for truth and valor with the exoteric (material plane) color of red for power and forward thrusting action, making it magenta in color with a sparkling, luminescent overlay of Creator Light. Some time ago, we told you about the new Rays or sub-rays of individualized expression from the Creator Mind. You are truly becoming “builders of form” as you learn to wield the cosmic tools of Creation. As you claim the gifts of the First Ray, you have the ability to integrate into that Ray, for your use, those attributes you feel you most need in order to use it in its highest and best form. As you claim the gift of the Royal Ray of Divine Will, please infuse it with compassion, benevolence, clear vision and purpose, with a desire to create harmony, peace and abundance for all people on Earth, not just a few.

That is why we have spent so much time teaching you about the aspects, attributes, qualities and virtues of each Ray in both their positive and negative forms. How will you know what needs to be changed if you are not cognizant of what is available, and become aware of how you are presently using the energies? The wondrous energy of new Creation is swirling and spiraling all around you and all you have to do is reach up and take the new cells of God Light that are being showered down upon you. If you are daring enough, you may move up your column of Light and reach ever higher in order to bring down the more refined and powerful cells of pure cosmic unmanifested potential. These gifts are waiting for you in your Pyramid of Light/Power. All you have to do is go there with pure intent, love in your heart, a desire to assist in making the Earth the paradise it was in the beginning, and be willing to state, “I AM READY to be an Emissary of Light once more.”

We promise to Light the way and clear the path for you as we come ever closer

together on our journey into the bold, new future of tomorrow. May you bask in the knowledge that you are a beloved child of the Creator and you are loved eternally. I AM Archangel Michael.

Transmitted through Ronna Herman * STAR*QUEST* 6005 Clear Creek Dr., Reno, NV 89502
USA

Phone/Fax: (775) 856-3654 * Email: RonnaStar@earthlink.net * Web Site:
www.RonnaStar.com

MESSAGES FROM ARCHANGEL MICHAEL LM-6-2003

TRANSMITTED THROUGH RONNA HERMAN

WE ASK YOU TO PUT US TO THE TEST

Beloved masters, I come to you this day with a deep sense of gratitude and profound love in my heart for each of you. Together, we have been on this journey out into the great void for many aeons of time as we seek to express and create the many complex facets of our Creator Source in a multitude of ways and forms. Time after time you have proven your resilience, your tenacity and your dedication to your mission, even though much of the time you have forgotten who you truly are and why you agreed to fragment your wondrous self to the degree you have. You are swiftly gathering/integrating the many parts of yourselves as you progress on the phenomenal journey of reunification, the process of returning to Spirit with a human sheathing.

It is time to remember why you are here and why you assumed an earthly vessel. It is time for you to remember that the Earth is not your home. Are you ready to accept the fact that you are a blessed extension/facet/spark of the Creator with the potential to be or become anything you can envision? Are you ready to expand your vision beyond the mundane circumstances of your everyday life and embrace the excitement of your new reality as you create greater and greater harmony, love and joy in your world? You are capable of thinking only one thought at a time. If you focus on one thing, one idea continuously, it will manifest, so why not dare to dream of and reach for your highest potential? Many of you make excuse after excuse because you fear failure. You only fail if you are unwilling to take a chance and reach out into the unknown. Are you willing to try a new way? Are you willing to put our teachings to the test? Anything you can visualize, you can realize. You are a cocreator in human form who was given the Divine directive to go forth and create in the name of the Supreme Creator. Won't you allow us to co-partner with you and assist you to become that which you so desire: a living, breathing, masterful cosmic envoy of the highest order?

When we say you should seek that which is your passion and that which brings you the greatest satisfaction and joy, many of you do not have the slightest idea what that is. We ask you to begin by eliminating those things that are stressful in your life, that which brings you pain and which you dread. You did not become the way you are in a day, a week, or a year, but you can transform back into your empowered masterful self much more quickly than you can imagine. We have offered you many tools, techniques and information over these past years, but you must make a commitment and prove for yourself that what we offer you are the "magical tools" you have been seeking. We have said many times, you must turn knowledge into wisdom or you must come to the realization that something is true and achievable. Realization is when something becomes crystal c

lear in your mind and you "know" that it is your truth, and then you must put that truth into action. Knowledge/wisdom overlaid with love/compassion and focused intent/action

creates the power that holds the keys to the universal storehouse of unmanifested potential, potential that is just waiting for you to mold it and create anything you can envision. That is what is waiting for you in your new world of tomorrow.

The first and foremost responsibility is to yourself as you seek to embody more “God Stuff” within by eliminating all the old, outmoded negative energy patterns that you have accumulated on your journey into density. Self-mastery is a never-ending process, a continuous state of becoming, as you learn to integrate more and more of the virtues and attributes of our Father-Mother God. It takes constant vigilance and practice, but the rewards are immeasurable. Everyone benefits when you endeavor to better your world, and the paradise of the New Age began many years ago with only a few brave souls and a few changes for the better at a time. It is growing and multiplying exponentially, and the waves of change are building strength and magnifying as more and more step on board and add their love/Light, experience and wisdom to the whole. When you become the master of your own thoughts, you direct your energy with deliberation, and you use the wisdom garnered from past experience and your Higher Self as you shape your environment and your destiny.

There is energy potential all around you and it radiates as an Infinity sign all around you as well: above, below, in front and in back of you. What you are thinking and feeling creates a vibrational pattern, and it radiates out from you and magnetizes to you energies/situations/people who are in harmony with that vibrational resonance or pattern. Change your thoughts/energy/vibrational patterns and you will change your world. You are blending the physical with the mystical/spiritual facets of yourselves as you learn to enjoy the beauty and bounty of all the Earth plane has to offer, while also enjoying the beauty, wonder and magic of the higher realms.

You have a star tetrahedron and rotating fields around you which will increase in strength and magnitude as you build and strengthen the rainbow bridge or the crystalline column of Light that connects you to your Divine Self or I AM Presence. Over the aeons of time, that column diminished to a thin thread in many people, furnishing barely enough Life Force energy to keep them alive. As you clear the distortions, you are receiving greater and greater amounts of Creator Light and you are also re-establishing your interactive relationship with the multi-faceted parts of your greater Self.

Light, sound and color are the modalities of healing, expanding and the integration of your multi-dimensional Selves. You are just now remembering and learning to use some of the major tools of mastery that are a part of your Divinity and birthright. Your

DNA/genetic encodings carry a tone or resonance, a perfect harmonic blend of sound vibrations which assure good health, vitality and long life when maintained in their original state. There have been experiments whereby human DNA has been set to music, and much will be learned about illness and dis-ease as more studies and knowledge are gathered which will establish the value of the harmonics of sound and the vibrational patterns within the human vessel. It will soon be validated that toning and using overtone harmonics can

cure many of the symptoms of distress or illness that you as humans are experiencing, for it brings your DNA, etheric, emotional and mental bodies back into harmony and balance. Cellular geometry is encoded within the molecular structure of your chakra system and you are in the process of restoring the perfect holographic replica of your multi-dimensional oversoul. As you return your chakras to harmonious balance, they burst into spinning radiant spheres and this activates the opening of the Seven Seals of God-consciousness, thereby turning your chakra system into a luminous column of Light that follows the spine up through the crown chakra. This process expands the rainbow bridge which ultimately reconnects you to the vastness of your God Self. You are all in the midst of this process to one degree or another. Know that it is a time of great change where all that you have relied on in the past is shifting, changing and sometimes even disappearing. Be aware that your wide mood swings and feelings that your old belief structures and boundaries are crumbling are a part of the accelerated transformation process now in progress. One moment you may be elated and in a near state of bliss, and the next you may be feeling vulnerable and uncertain, or you may have feelings of despair, sadness, anger or depression sweep over you. Remember, we have asked you to ride the waves of change, to enjoy the "highs" and allow yourself to work through the "lows" as an observer. Impacted energies and painful negative core memories are roiling up from deep within so they can be released or transmuted into neutral Light substance, and so the vacancies can then be filled with the revivifying "Lightening" Diamond Core God Cells of the Creator.

Time and space as you have experienced it over the past 10,000 years is also shifting and becoming more fluid. Many of you are anxious to know what will happen in 2012, the year when many have prophesied the end of life on Earth. Allow us to ease your fears and satisfy your curiosity, beloveds; you are already in the energy of that year. The world as you all knew it ended with the cataclysmic event called 9-1-1, or September 11, 2001. It is important that you understand that radical changes are going on throughout this universe, not just on planet Earth. Your galaxy is in the midst of a vast expansion and every solar system in the Milky Way galaxy is on an accelerated journey up the spiral of evolution.

n. Everyone and everything in this universe is in the process of expanding, an internal combustion process, you might say, or a pulsation that is forcing to the surface all that which is not in harmony with the refined energies of higher Creation. At every level, the negative energies of the lower dimensions are being brought to the surface so they can be transformed and returned to more harmonious frequencies of Light.

You think it is your sun and the solar flares which are causing all of your erratic weather patterns, and this is true, but it is only a small part of what is taking place on Earth. The great devic angels and elementals are once more taking an active part in healing and balancing the elements on Earth. When the Earth is brought into balance once more, there will be no more hurricanes, tornados, earthquakes or floods. It won't be necessary. The broad spectrum of duality is gradually coming to a close as the cosmic pendulum swings closer and closer to the balance point or the Still Point of Creation. You will be in a reality of polarity for a very long time to come, but there will be radical changes. You will savor and

acknowledge the uniqueness and special attributes of the opposites in your world: Light and dark, positive and negative energies, male and female energies, as well the billions of variations that are represented on your Earth. You will come to understand that all states/levels of Creation are an integral part of the whole. Humanity will become more tolerant and will even learn to appreciate the diversity that is so widely represented on Earth. As the process of coming together with the multiple branches of your soul family accelerates, you are having what could be called a melding of memories or experiences. "Oneness" means you will incorporate the memories and experiences of your group and they will integrate yours, as well. You will be able to draw on their experiences and wisdom, and they on yours. If you have built and use your Pyramid of Light/Power in the fifth dimension, you will never again feel alone or separated from your Source. You can go there at any time and call on your soul family and angelic helpers for assistance, and to bathe in the rarified elixir of Creator love. Again, we ask you to put what we tell you to the test.

We are asking you to be bold enough to take control of your life. Focus on that which you wish to create by taking the necessary action with determination and persistence, while at the same time learning to be flexible and adaptable. Shift your attention from what you do not want in your life to what it is you wish to create in your life. You do not "get rich," you allow the riches of life to flow to and through you. The universe is always trying to shower abundance on you, abundance in its many forms. Abundance is always there for the taking, but you have set up barriers that keep it out of your reach. Abundance is a state of mind. You must open

your minds, hearts and arms to receive abundance, abundance of health, love, joy, creativity, peace. You must learn to live and love freely, to enjoy the spontaneity of Creation. You have learned to take life too seriously and to believe that you must struggle and work hard to create that which you desire. When you learn to tap into the universal flow of abundance, life becomes a dance and you enjoy any and everything you do. The door to a wondrous new future is wide open, beloveds. Please, won't you step through? We are waiting on the other side. May the Creator's Light and bounteous blessings shower down upon you. I AM Archangel Michael.

Transmitted through Ronna Herman * STAR*QUEST* 6005 Clear Creek Dr., Reno, NV 89502
USA Phone/Fax: (775) 856-3654 * Email: RonnaStar@earthlink.net * Web Site:
www.RonnaStar.com

MESSAGES FROM ARCHANGEL MICHAEL LM-7-2003

TRANSMITTED THROUGH RONNA HERMAN

SEARCHING FOR THE REAL YOU

Beloved masters, are you willing to open your hearts, broaden your minds and shift your reality just a little in order to allow the Diamond God Cell within your heart center to ignite, expand and gift you with that which you have yearned for these many past ages? Within the core of that God Cell is a Seed Atom which contains a blueprint for the new evolving human species, and a treasure map which will lead you to the greatest treasure of all, the connecting links to your multi-faceted Self.

Your goal is not just to ascend, but to allow your Spirit-self to descend so that there can be an integration and fusion of the many complex facets of yourself that were created on your diverse and wondrous journey throughout this universe, galaxy and during all your earthly experiences. Before descending through the multi-dimensional universe, as a Divine spark of consciousness, you had a multitude of experiences where you exemplified all the virtues and qualities of the Creator in perfect harmony and in total alignment with Divine Will. In many other experiences you used your vast mental abilities almost exclusively by focusing on a specific thought form or creation. Through your conscious intent you brought forth the necessary unmanifested primal life force substance, and like a laser beam you projected forth that perfect vision until it was miraculously manifested on the physical plane.

You have also had many wondrous adventures focusing almost exclusively on the emotional facets of your multi-dimensional Self. Using the virtues and attributes of your goddess nature while in the higher realms of existence, you joyously merged your consciousness with the angelic realm, thereby experiencing the exquisiteness of the love of Creation in its purest form as you went forth to assist in the creation of worlds and realities beyond description. All the while you were experiencing these diverse facets of the Creator, your individualized Spirit-self was registering and recording each experience in your vast memory bank, for you knew there would come a time when you would need to draw forth into your consciousness all the wisdom you had gained in the past.

Since your descent into the world of physicality, your Spirit-self has been struggling to function within its physical overlay as you have played the game of duality and separation. In numerous lifetimes you focused primarily on your spiritual nature while excluding the other facets of your Beingness. In others, the focus was almost exclusively on your mental nature, and in still others your emotional nature was the driving force from within. It is time to bring all these diverse facets of your nature back into harmony so that you may function in a state of unified consciousness once more.

When functioning within the illusional environment of the third/fourth dimensions, the most neglected facet of your

Being was your intuitive mind or soul mind. It is one of the greatest resources you have within you, for that is your connection to your Higher Self and ultimately to the Creator Source. Your soul mind has a never-ending supply of fresh ideas and creative thought forms just waiting for you to tap into them. Your intuitive mind, or that small inner voice, will always point you in the right direction and help you make the right decision if you will only listen. Since the fall into density, the soul mind has been almost totally shut down within most of the general populace. After that inner voice was ignored for so many thousands of years, with great sadness, the soul retreated into stillness and dormancy as an observer, waiting for the time when it would be called back into action as your partner in the journey of life. It is burning brighter and brighter in those of you who have diligently striven to reconnect to your soul, Higher Self and God Ray (I AM Presence), and it is now a constant and loving companion who directs, inspires, nurtures and even protects you. You have no idea how your soul and Spirit-self can assist you until you form that bond and move back into harmony with your multi-dimensional Self. It will protect you from accidents by nudging you to take another route or to leave a little earlier or later than usual. It will arrange circumstances whereby you will always be in the right place at the right time. It will help you expand or contract time so you can move through your daily experiences with ease and grace. It will bring you together with members of your soul family or with those whom you have something of importance to share. It will inspire and assist you in ways that will open the flood gates of abundance and in manifesting your highest visions when they are in alignment with the greatest good for all. Inspired thought and fresh creative ideas will pour forth effortlessly as you serve yourself and others by becoming a cocreator of all that is harmoniously beautiful, loving and of the highest order.

When you align your will with the Creator's Will, you will be placed among the ranks of the Builders of Form, for it has been mandated that all levels and facets of Creation are to be incorporated, expanded and exemplified on Earth at this time. A new blueprint and Divine schematic has been brought forth for Planet Earth in a great all-encompassing thought form from the mind of the Supreme Creator. This plan for the New Age now unfolding, and for the new golden galaxy that is in the formative stages, have been placed in the great pyramids of Light in the higher dimensions just waiting for humanity to tap into this powerhouse of unmanifested potential and the wonderful new vision that is waiting to be manifested in the world of physicality.

Each of you carry that Diamond Core God Cell within your heart center, and as it is ignited, all the multiple facets of the Creator within you will be amplified, whereby all

the attributes, virtues and qualities of your universal origins and your cosmic blueprint will radiate more brightly. Your intent should be to bring into harmony and alignment all the multiple facets of your God nature. Examine your mental beliefs and how you process information. Are you open to new ideas or are you stuck in old limiting, structured thought patterns? Are you bogged down in antiquated, controlling traditional beliefs or a misplaced sense of responsibility to others which do not allow you to examine and integrate new, advanced and empowering thoughts from your Higher Self?

When you are functioning from a mental/mental point-of-view, your intellectual nature has complete control of your life and you become rigid and inflexible. You are resistant to new ideas and there is a tendency to stagnate as you are afraid to venture out into new territory or out of your “safe space.” When you bring your mental nature into harmony with your emotional nature, overlit by Spirit, you begin to explore new ideas, new ways of being as you slowly activate and strengthen your intuitive/higher mind and spiritual nature. Your mental vision expands as higher truths filter into your consciousness, and you come to the certainty that through clarity of desire, focused intent and positive action you have the power to create anything you can envision. Gradually, as you learn the infallibility of the universal laws of manifestation, your excitement grows and you are willing to attune your will with the Creator’s Will.

When you are functioning within an emotional/emotional state of Being, your emotions are the driving force within you. Everything is seen and experienced through a filter of emotions and often compulsive decisions are made without the benefit of forethought. Your world of reality is experienced from an “I - me - my” point-of-view. Everything that happens to you is taken personally and you exist on an emotional roller coaster. After a time, your “emotional health” begins to affect your physical and mental health, for your nervous and glandular systems are in constant overload. Emotionally-powered people control others via their emotions as well, sometimes by a powerful display of love for another, which may become a constant demand for validation of their self-worth via emotional blackmail. They usually attract people to them who have low self-esteem and feelings of unworthiness, and so at first it seems that this overwhelming display of love is just what they have been searching for. But it soon becomes apparent that emotional love without mental and spiritual stability can become a prison, and it can be a very painful and difficult process to extricate oneself from this type of stifling relationship. As you learn to balance your emotional nature with mental clarity and spiritual wisdom and strength, you find the validation of Self that you have sought. You begin to monitor your emotions and to understand the underlying force

that trigger negative patterns. You examine your motives and bring your “altered ego” back into alignment with your soul-self. You begin to tap into the higher wisdom of your Divine mind, and seek to release the limiting thought patterns of your deep subconscious mind which have controlled your existence to one degree or another for so many lifetimes. Your emotional vibrational patterns are lifted as you attune to your spiritual nature and you begin to experience unconditional love for yourself and for all others. You turn inward for spiritual/emotional sustenance and you know that all the love you can experience on Earth means nothing if you are not connected to the love/Light of the Creator Source.

Your goal, beloveds, is to exemplify Spirit while being totally in the physical body. It is time to reunite and integrate all the multiple facets of yourself that you have created and left along the way on your long journey in outer space. You are drawing all those diverse and fragmented parts of yourself back into your “inner space,” that wondrous space within the center of your Being called your Diamond Core God Cell.

A wondrous new unified Ray of Divine Consciousness is filtering its way down through the multi-dimensions from the center of the Great Central Sun of this universe and our Father-Mother God. It originated from within the heart of the Supreme Creator aeons ago, and at long last it is time for this galaxy and the Earth to make ready to accept this most blessed and rarified infusion. When you are prepared to accept this gift, it will totally ignite that God Cell within and it will also overlight, magnify and unify all the other refracted Rays within. This is the process you are being prepared for and this is the event you have all been waiting for since your first physical embodiment. This is the cohesive energy which will truly activate and accelerate the process of ascension into a higher state of consciousness for all sentient beings, planets, solar systems, galaxies and universes. The spiral of evolution is accelerating day-by-day, and nothing or no one can deter it or is immune to it.

We know it is difficult to focus on the lofty ideas and visions that we give you when your worlds seems to be falling deeper and deeper into violence and separation. Once again, we remind you, "Out of chaos comes new creation." All that is in disharmony, all that is fear-based, or comes from the lower vibrations of greed, prejudice, corruption, or a desire to dominate or control is being brought to the surface and into the awareness of the masses. There is a great battle being waged by these diverse factions, but none of them will emerge the winner. A "Light movement" has been set in motion, fueled by you, the Warriors of Light. Your weapons are unconditional love, pure hearts and intention, positive, assertive action with the intent to create that which is for the greatest good of all humanity and the Earth as well. Our mission is

to make you aware of your magnificence and how truly powerful you are; to let you know that you are never alone; and to help you rise above the senseless violence, the suffering and the fear that is the major world focus at this time.

Lift your hearts and consciousness, beloveds, and know that the future is filled with promise, and through our joint endeavors, we will overcome all adversity. See the love of my Essence surround you as together we join hearts with every Being on Earth and we radiate the force of our unified love out into the galaxy, seeking to join the Ray of Creator Essence that is our ultimate destination. You are never alone, and you are loved beyond measure. I AM Archangel Michael

TRANSMITTED THROUGH RONNA HERMAN * STAR*QUEST* 6005 CLEAR CREEK DRIVE,
RENO, NV 89502 USA * Phone/fax: 775-856-3654 * Email: RonnaStar@earthlink.net * Web
Site: www.RonnaStar.com

MESSAGES FROM ARCHANGEL MICHAEL LM-8-2003

TRANSMITTED THROUGH RONNA HERMAN

WHAT ARE YOU DOING WHILE WAITING TO ASCEND?

Beloved masters, as we monitor your progress, measure the “Light Quotient” of your thought patterns, and observe how valiant and stalwart you are in your endeavors to integrate the wondrous energies of Creator-consciousness, we are most gratified as well as amazed at your astounding progress. The maelstrom of negative thought forms that have swirled in the ethers and which have affected humanity for aeons of time are gradually being replaced by uplifting thought forms of hope, inspiration, joy and the reality that “scarcity” is only an imbalanced, negative thought form that can be transformed into an assurance that abundance is everyone’s Divine birthright. All any of you have to do to claim your heritage is to accept as your truth that you are worthy, and then to solidify that reality via your positive thoughts, deeds and actions.

A wondrous new vision, a powerful “probable future” for humanity and the Earth has taken shape and is being strengthened and magnified moment-by-moment, a future whereby all humanity, as well as the mineral, vegetable, animal, human, Devic and Elemental kingdoms will peacefully co-exist on Earth, an Earth which is pristine in its beauty, and which has sparkling clear water, and clean healthy air to breathe, a world of abundance and plenty where no one suffers from lack of adequate food, shelter or opportunity, and a world whereby different races, cultures, beliefs and traditions are honored and respected, where no one tries to force his/her beliefs on others, or deny others the right to live their own truths and follow their own customs. As more and more of you slowly withdraw your attention and thoughts from the self-limiting thought patterns of old, they are gradually dissolving and becoming ineffectual. Have we not told you over and over again, “Thoughts have energy, positive or negative, and what you focus on, you magnify with your energy”?

Many of you are so caught up in the desire to “ascend” and to live in the perceived paradise of the higher dimensions, you are forgetting and neglecting the beauty, joy and the benefits of experiencing the magnificence and wonder of the journey. Each phase of new awareness or expanded consciousness has its special miracles and benefits which are to be savored and enjoyed. Each time you release some old self-limiting, painful thought form, habit or discordant energies within, you are transformed, and you remove a small (or large) part of your disguise which allows you to integrate another facet of your wondrous God Self. In doing so, you are gradually creating a new empowered “you,” and a new reality opens to you whereby you have access to many new concepts, as well as many new talents, and your sensitivity to the exquisite nuances of Spirit miraculously unfold around you.

Those of you who have followed our teachings over the years are aware that

the major theme for the Spirit/human experience on planet Earth has been separation, duality and polarity, with an ultimate goal of returning to balance/harmony and oneness with your multi-dimensional Self and unity consciousness with All. Each of you fragmented your Divine Self into hundreds of individual sparks of consciousness as you ventured forth to fulfill the Divine Mandate of the Creator, "Go forth and create new worlds without end in my name." Along the way many of you forgot that there is a universal law that states, "You must experience that which you have created."

The great multitude of seekers who have moved back onto the path which leads to harmony and a reunion with Spirit have primarily done so because each of you were tired of the pain and suffering of the past, and your soul-self finally got your attention so that you were ready to listen to the whisperings of Spirit. Those of you who have diligently sought your higher truth, and have striven to live and exemplify that truth are now reaping the rewards. You are learning that you are in control and not being tossed around by the whims of fate; you are not being punished or rewarded by anyone, for you are responsible for your thoughts and actions, and you create your own reality ... ALL OF IT! You finally realize that you are not surrendering anything, but when you align your will with the Creator's Will, you make way for unlimited miracles and possibilities to enter your life.

We have discussed in depth about bringing all the facets of your multiple chakra system back into harmony, and the importance of integrating and balancing the virtues, qualities and attributes of the Rays of God-Consciousness. In our missive to you last month, we focused on the concept of harmonizing your mental/emotional/spiritual body fields/natures once more. If any one facet of your Being is out of balance, none of the others can function at its maximum potential. You are meant to be a composite spiritual/Human Being with a unified consciousness. In most human beings, the physical senses/sensations of the body have overridden the more subtle senses of their spiritual nature. A person who lives mostly in a mental world is lacking or missing out on the wonders, strength and delight of the heart/soul/emotions. A person who is driven by his/her emotions is living in an unstable world which has no foundation or structure, and is susceptible to the emotional highs and lows of every day occurrences and those around him/her. A person who has disconnected from Spirit lives a life without hope, and no matter what he/she may attain or accumulate in the physical world, he/she lives an existence that does not sustain the soul, a life without the luster or lasting gratification. Humanity has focused on the "emotions of Spirit" for thousands of years, and has neglected the "science or mental aspects of spirituality." The Omniverse and all Creation function under the immutable universal laws as decreed

ed by the Supreme Creator. Know the laws and live within them and you are in alignment with Creator Will and all the beauty, bounty and abundance of the universe are yours for the taking.

Returning to harmony/balance within what we call the four lower bodily systems, physical, mental, emotional, and spiritual, is the next step after coming to an understanding about the energies of each chakra and how they affect these four bodily systems. It is imperative

that you stimulate and work on your emotional intelligence and your mental intuition. You need to redefine your “altered ego” and re-establish the proper relationship between your ego and your soul. The ego is to function under the direction of the soul, not the other way around, whereby you focus your attention on your “inner world of reality” instead of the illusion of the outer world of reality. You no longer look for some event, some person or some thing to give you a moment’s satisfaction or happiness, things that are usually fleeting and often fall short of your expectations. When you turn inward for validation of your self-worth and to feed your emotional and spiritual yearnings, you will tap into that wellspring of unlimited sustenance.

Many of you have chosen to experience strong first, third or fifth Ray energies, which often leads to a tendency to function almost exclusively within the left (mental) hemisphere of the brain structure. A major focus of your life’s lessons is to learn to use the right (abstract/emotional) brain and explore and integrate the emotional facets of your nature. Second Ray people are apt to be more balanced in their bodily nature, whereby they explore and use both the right and left hemispheres of the brain, but this is not always the case. However, those who have chosen to experience and balance the fourth, sixth and seventh Rays as their soul, emotional, or mental rays are inclined to be very emotional in nature and their world is often perceived as an emotional roller coaster and it is very difficult to find a balance or to live a harmonious existence.

Your goal is to blend and harmonize the major bodily chakras of your physical being, to balance your mental and emotional energy fields and overlight them with your Spiritual essence. We will define each category so that you may quickly identify what you need to focus on and rectify.

MENTAL/MENTAL BODY FIELD * Your beliefs, attitudes, and knowledge are derived from text book and historical/traditional facts without the benefit of emotional or spiritual validation. You are very analytical, often rigid, judgmental and must maintain intellectual control. You have limited visionary abilities, and you only believe what is tangible and what can be proven scientifically.

MENTAL/EMOTIONAL BODY FIELD * You have learned to rely on your mental intuition as you seek to validate and integrate the higher truths you are accessing in your never-ending quest for enLIGHTENment. You validate your truths through

h your heart/soul monitor and then you live by those truths to the best of your ability. New expanded thoughts and concepts become the norm.

MENTAL/SPIRITUAL BODY FIELD * You learn to utilize the wisdom of your superconscious mind as you integrate all the attributes, qualities and virtues of your God Ray and soul Ray and you learn to live in the Still Point of the now. You have perfected the process of healing the past, scripting the future, and living in the power of the moment.

EMOTIONAL/EMOTIONAL BODY FIELD * When the emotional body is the driving force within you, you are vulnerable to the strong emotional tide of the mass consciousness and

your altered ego. You must examine and discover how your emotions drive and control you through your desires and wants, and you must closely examine your motives.

EMOTIONAL/MENTAL BODY * EMOTIONAL INTELLIGENCE * The emotional energetics you radiate along with your focused intent are some of the most important components in the creation process. When there is a balance of power between your emotional and mental bodies, you begin the process of understanding yourself and learn to identify the driving force behind your actions. You learn to harmonize your will with God's Will as you begin to understand the workings of the universal laws. The desired mode is "emotional detachment" as you move gracefully and surely toward your desired goal.

EMOTIONAL/SPIRITUAL BODY * You derive nurturance from your indwelling Spirit, and from our Father/Mother God via your God Ray. You stop looking outside yourself for validation of your self-worth. You no longer experience the sharp highs and lows, but move into a state of joy or bliss as you learn to live in the world, while expanding your consciousness to incorporate the great variety of multi-dimensional expressions available to you. You develop an unerring assurance that you can have or become anything you can envision if you are willing to put forth the effort to accomplish your goals. You learn to rely on your angelic helpers and gain strength and sustenance from their presence.

SPIRITUAL/MENTAL BODY FIELDS * When you begin to use the intelligence of your soul self, you tap into the unlimited possibilities of the Cosmic Records. You learn how to bypass the distortions of the third/fourth-dimensions as you create and use your Pyramid of Power/Light in the fifth dimension. This is when the miracles truly begin to happen and you know that you are partnering with Spirit in all your endeavors.

SPIRITUAL/EMOTIONAL BODY * Love tempers your emotions, and although you still have a "human nature" you have learned to become detached, and you view the events in your life from a higher vantage point, that of a self-master.

INTEGRATED SPIRITUAL/MENTAL/EMOTIONAL/PHYSICAL BODIES * You are living in an ascended state of consciousness as you unite with the multiple facets of your God Self. You move out of a state of becoming into a state of BEING. You have developpe

d clear-seeing and pure intention, and the fog of illusion no longer affects you. You mold and create your greatest visions and desires from the storehouse of Divine unmanifested potential, and you live in harmony with the universe and all Creation. You will then be seen and defined as a unified, radiant SPIRITUAL BEING IN HUMAN FORM.

Beloved masters, we can offer you tools and knowledge, we can encourage and inspire you, but you must be willing to turn the knowledge into wisdom and take the necessary action to reclaim your Divinity and the glorified state that awaits you. I am your faithful companion on the journey and you are loved beyond measure. I AM Archangel Michael.

TRANSMITTED THROUGH RONNA HERMAN * STAR*QUEST* 6005 CLEAR CREEK DRIVE,
RENO, NV 89502 USA * Phone/fax: 775-856-3654 * Email: RonnaStar@earthlink.net * Web
Site: www.RonnaStar.com

MESSAGES FROM ARCHANGEL MICHAEL LM-9-2003

TRANSMITTED THROUGH RONNA HERMAN

WHICH DO YOU CHOOSE, A GOD OF WRATH OR A GOD OF LOVE?

Beloved masters, the teachings of old and the new wisdom being brought forth as humanity comes of age have more in common than most people would believe. However, the New Age of Enlightenment that is swiftly rising on the horizon of humanity's consciousness has one vast and important difference: the God of the old teachings was a God of love, but also a jealous, wrathful God. The truth is that the Supreme Creator and our Father/Mother God of this universe radiate only love and compassion. We tell you that the Creator of All embodies only the highest and most lofty attributes and has none of the negative traits such as jealousy, wrath or a desire for retribution or to punish.

The Supreme Creator in ITS desire to know more of ITSELF and to create anew burst forth in all ITS radiant love, Light and power. Omniversal and universal laws were established that are immutable. These laws cover every circumstance and facet of existence on every plane of reality that ever has been and ever will be. The Supreme Creator endowed all the facets of ITSELF with the ability and desire to cocreate anew, and also bestowed the gift of free will in some measure, more in some expressions of consciousness and less in others. The Earth and humanity are unique in that it is the only planet in this universe where total free will, with no restrictions, was given. It was part of the Divine plan for humanity and the Earth, and the misuse of the gift of free will has been the major cause of the pain and suffering of humanity.

As long as any Spark of the Divine Consciousness, large or small, functioned and existed within the framework of universal law, or in harmony with Divine Will, it co-existed in perfect harmony and knew only perfection. However, when an individualized Spark of consciousness strayed or stepped off the middle path of perfected consciousness, that Spark stepped onto the path of imbalance and Karma, or cause and effect, and was subject to the established universal laws.

The Supreme Creator knows only perfection and therefore does not seek wrathful vengeance, but allows the universal laws of cause and effect to mete out justice through the Lords of Karma and your Higher Self which assures that you will experience everything you create, or reap what you sow. There are living libraries of knowledge stored at every level of existence throughout this multi-faceted universe. There are recording angels and celestial record keepers who keep a record of every thought, action and event that has ever take place or ever will take place. Think of it, every thought you have ever had, every deed done or action taken is recorded in the cosmic record and also within your auric field. This is beyond the capabilities of your most sophisticated, advanced computers. When we call you record keepers we mean this in the truest sense.

We will also tell you emphatically that there is no place called HELL or eternal damnation. Why would an omnipotent loving Supreme Being create such a place and consign any beloved facet of Itself to eternal suffering? The Creator's original desire was to allow you to become a cocreator of wondrous worlds beyond measure. Each individual creates an auric field around itself which contains the frequency patterns of all his/her thoughts, actions and deeds. When you leave the physical body behind and your soul is released it is encased in this auric field, or cocoon of energy of your own making. Your soul transcends to the level or dimension which is compatible with the vibrations you emanate. If you are "spiritually conscious," you are immediately aware of your surroundings and after a time of reflection on your past and an analysis of where you are out-of-balance or have inharmonious frequency patterns, with the help of your spiritual mentors, you decide where you wish to serve and learn in the higher realms of existence. The choices and possibilities in the higher realms are beyond human comprehension. Make no mistake, these worlds and dimensions are just as real, if not more so, than anything you can experience in the denser realms of materiality.

Those who have heavy layers of negative energy impacted in their auric field are taken to what might be termed an intensive care unit. There they are lovingly watched over by angels of transition and a constant infusion of Creator love/Light is made available to them. It is as if they are in a deep dream state, and it is true, they will experience all the negative thought forms they have created, the worst of these being hatred, greed and a desire for violent action toward others. Gradually, over time, the powerful love/Light of the Creator begins to filter into the auric field and consciousness of each Being until they have absorbed enough of this life-giving elixir and agree to begin the process of healing and harmonizing the impacted, negative energy patterns which allows them to slowly awaken to the beauty of their surroundings. This is the Divine Grace of the Creator whose desire and intent is to bring ALL the facets/sparks of ITS Beingness back into united harmony and ONENESS. You will always retain your individualized consciousness, that gift which was given you so many aeons ago, and encoded in your cosmic memory bank will be all the magnificence, wonder and beauty of your journey. What you will not remember is all the pain, suffering and horrors of your sojourns into the worlds of polarity and duality. The Supreme Creator radiates the pure Divine Essence of ITS Being out into the omniverse, which filters down through the many Great Central Suns, the Cocreator Sons/Daughters, the Lords of Light and the angelic kingdom. As we have explained before, there comes a time during a great cycle of universal expansion whereby the harvesting of all the glorious creations you have

wrought are gathered into a great cosmic storehouse awaiting the time when they will be integrated into a new Divine Blueprint. The Supreme Creator always expands to incorporate the perfection of what has been created. That is what is taking place during this time of accelerated evolution/ascension of all created species.

It is a most wondrous time, beloveds, when you have an opportunity to attain wisdom beyond measure, to tap into creative potential beyond your wildest imaginings, to be or become anything you can envision. We tell you there is no limit to the possibilities of what

you can attain or realize once you return to harmony, or “harmlessness” whereby you are radiating only positive, life-giving, love-focused energy. Your future is a blank page and you are scripting your own destiny as well as the destiny for those who are not ready or able to take advantage of this magnificent opportunity. You, my brave warriors of the Light, are a spark of the Divine and you should honor and place high value upon yourself and others. You are dishonoring the Creator when you do not. You should always seek freedom of expression and truth, as well as the greatest good for yourself and all others.

We hear your petitions and your prayers, and we know that you have a great desire to understand the secrets of the universe and the intricacies of the universal laws. There will always be millions of mysteries on your journey throughout the cosmos that will entice you to seek a solution, and we delight in your attempts to understand the workings of the universe. Seek to use your Divine imagination, be enthusiastic but also be practical, be courageous but not reckless. Maintain a confident attitude as you delve into the unknown, and seek to manifest the visions given to you in your sojourns into the higher realms of existence. When you make the highest moral choices, your soul is infused with the ecstasy of Divine love. If you aspire to align your will with that of our Father/Mother God, you become a partner, a cocreator of the multiple time/space worlds of existence. Never forget, the Creator indwells within you and you indwell within the heart of the Creator.

We have often asked you to become “a living meditation,” whereby you have Spirit perched on your shoulder as your sacred witness. Each and every moment you are aware of your actions and reactions and you garner the wisdom of your interactions with others so that you do not have to experience the imbalanced cause and effect situations. You become a master-of-self or a self-master whereby you no longer create any negative karmic energy and thereby live in a Divine state-of-grace.

Worship should not be reserved for one designated day of the week, it should be a state of heightened-consciousness which overlights your total Being, and becomes the focal point of your reality. It is your highest privilege and first duty to maintain a worshipful attitude each and every moment of your existence. Str

ive to develop a constant, joyous and intimate relationship with the Creator. When you tap into the elixir of life, it becomes an all-encompassing passion which leads to heightened self-discipline, strong moral beliefs and spiritual aspirations. You will have no difficulty in learning patience, fortitude and tolerance, and you will strive to live a life of service. Divine wisdom and cosmic insight are rewards of a sincere seeker of spiritual truth. Live your truth as it has been and will be revealed to you. You will live in an aura of peace personified and sublime love. True spirituality does not demand particular rituals or rigid beliefs; it is a mode of living your highest truth with whole-hearted devotion. You are to seek a blending of your highest intellectual, emotional and spiritual reality.

Each of you has the ability to contribute something personal and unique to the Divine blueprint now being designed for the future of humanity and the Earth. You have been given an extraordinary gift by the Creator, the Divine privilege of participating in the

creation of your own destiny. Each of you has the potential of becoming a glorified mortal. You are becoming Spirit-infused mortals as you reclaim your immortal status. You are multi-faceted and have consciousness on many more levels than you can comprehend at this time. You are an Immortal Soul with a mortal mind and body. You are in a process of soul expansion and Light infusion. That is what ascension is all about. The resurrection process for humanity has been a long evolutionary struggle to attain a balanced state of Being in order to allow Spirit to descend and take dominion of the physical vessel. Resurrection is returning to your original magnificence by embodying all your Divine Light and attributes. Evolution is purposeful, not accidental. Remember beloveds, you must live by that which you choose as your truth, and your world consists of thought forms, vibrational patterns and frequency levels which you integrate and emit. You live in a world of your own creation, and so why not choose a world where love is the strongest and most dynamic energy available. Within the frequencies of love are joy, peace, abundance, radiance, creativity, empowerment, youthfulness, vibrant health and unlimited possibilities for expansion and creation. These are the gifts our benevolent Creator offers us, not punishment, judgment and damnation.

As messengers and faithful servants, we, the archangels, have always been with you to “arc” the Light, attributes, qualities and virtues of our Father/Mother God to you, and we relay back to them your loving energy and adulation. We form the love/Light pipeline of the heavens, you might say. Our Father/Mother God has spoken to humanity through us down through the ages, not just in one era, but have been in constant communication with you via the great Beings of Light, the angelic realm, the avatars and ascended masters, and it will always be so. You have

never been disconnected from the Creator Source and never will be. Each of you has the ability to tap into that cosmic telecommunications network whereby you may receive personal answers to all your questions and assistance in all your endeavors. The process of Creation has always been a cooperative endeavor, and one of the wonders of these times is that, once more, we are communing one with another, and working in harmony for the common cause, which is the enLIGHTENment and reunification of all the wondrous variations of Creation in this universe.

We radiate the exquisite, all-encompassing love of our Father/Mother God to you, love which originated in the heart/mind of the Supreme Creator. I am your faithful friend on the journey of Living Light. I AM Archangel Michael.

TRANSMITTED THROUGH RONNA HERMAN * STAR*QUEST* 6005 CLEAR CREEK DRIVE,
RENO, NV 89502 USA * Phone/fax: 775-856-3654 * Email: RonnaStar@earthlink.net * Web
Site: www.RonnaStar.com

Dearest friends, I channeled the September message early because I have such a busy schedule for the next six weeks. I am off to Montreal, Aug. 14- 18, for a one-day intensive. We have approximately 450 signed up and I am looking forward to sharing all the new information Beloved Michael has given me these past months. On Aug. 26 I fly to Tokyo, Japan, for two weeks. We are expecting several hundred people for the two-day intensive there. My dear friends and facilitators for the event, Janet and Hiroshi Ohuchi, have planned a special trip for us to visit some of the sacred sites and temples. My husband and I visited Japan in the early 80's and fell in love with the people and their beautiful country. In late July, Kent and I spent a few days in the mountains trying out our new (used) motor home. It was quiet and serene among the towering pine trees and we enjoyed watching the deer amble by on their way to the lake to drink, as well as the antics of the squirrels and chipmunks. We even enjoyed the short hail/rain storm which left the ground covered in quarter-size white snow balls. It was a wonderful respite from the 100 degree plus days. My summer has been "Divine" and filled with so many beautiful miracles. We are really beginning to see the results of all our endeavors and dedication to our spiritual mission. I am looking forward to these next years with great anticipation. My wish is that your world is as loving, peaceful and joyous as mine. Know that each of you has a special place in my heart, and I love you dearly. Ronna

MESSAGES FROM ARCHANGEL MICHAEL * LM-10-2003

TRANSMITTED THROUGH RONNA HERMAN

MYTHS, MIRACLES AND MOMENTOUS HAPPENINGS

Beloved masters, wondrous things are transpiring throughout this universe, and by now many of you are aware that your galaxy and particularly your small planet are the focal point of these momentous happenings. Before your planet was created it was decreed that it would become the Zero Point or the center of a new creative endeavor whereby the Angelic Realm, the Co-creator Gods, the Great Beings of Light, and the Star Seed from throughout the Omniverse would send emissaries to Earth bringing their Light, their wisdom and their desire to fulfill the Creator's Grand Plan.

Humanity and the Earth's soul are reaching up and out to connect with our Father/Mother God, and the Supreme Creator is opening the pathway from the core of Its Being down through the multi-universes, the Great Central Suns, dimensions, and realms beyond measure in order to incorporate and harvest the beauty and magnificence of what has been wrought by all of us in the name of our Omnipotent Creator. We wish to instill in your mind that you are living in unique and unprecedented times. Great Beings who had never before left their home in the Great Central Sun of their universe agreed to do so and to fragment themselves into lesser Sparks of God Light in order to bring their radiance, their love and their wisdom to planet Earth. The Beloved One called Jesus, the Great Kumara's including the one called the Buddha, Lords Melchizedek, Rama, and Krishna, to name only a few, came from universes created long before this young universe came into being. We of the archangelic realm come from the far reaches of the omniverse, as did many of the Ascended Masters and Avatars you are familiar with, and we assure you that many of you were birthed into your individualized consciousness in other universes as well.

The Divine Plan was perfected and the ground work was laid long ago for what is taking place on Earth at this time. Just as these Great Beings came to prepare humanity for the multiple cycles of mass awakening and ascension back into the realms of en-LIGHTEN-ment, within the core of Its Being the Earth was encoded with the vibrational frequencies, keys and codes that would activate Its own awakening and also accelerate the awakening process within humanity as well.

We do not like to focus attention on ourselves, for our greatest joy and mission is to serve the Creator and those under our guardianship, and no credit is needed or desired. However, it is necessary so that you can fully understand our mission on Earth and how closely we have always been connected with you.

The beloved Jesus came to Earth some 2,000 years ago, and along with Archangel Uriel anchored the virtues, aspect and qualities of the Sixth Ray of devotion, forgiveness, mercy,

grace, spiritual nourishment and faith in God. The lovely Lady Mary, the feminine Archangel of the Fifth Ray,

who, along with Archangel Raphael, radiate forth the qualities of surrender, selflessness, dedication and healing, was given the honor of bringing forth unto the world the Christed Being called Jesus. However, Mary was chosen for an even greater task and opportunity to serve the Creator and humanity. She brought to Earth and anchored the virtues of the Goddess in the greatest measure possible so the process of balancing the masculine and feminine qualities of the Creator on Earth could once more take place.

Many of you are familiar with what are called the Michael/Mary lines in England. There are "Ley Lines" that pass through the British Isles, Germany, France and many other lesser known areas in Europe and around the world. We wish to give you a greater understanding of the "Grand Plan" and what have become some of the myths and miracles of your history.

Thousands of years ago in Earth time, Lady Mary, representing the negative or feminine crystalline electromagnetic currents and I, Michael, radiating the positive or masculine crystalline electromagnetic currents, set about infusing the Earth's ley lines with the currents necessary to rebuild the balanced and harmonious golden etheric grid system of the Earth. Rods of Power or vortices were installed at integral points around the Earth. The sacred sites, natural formations which became places of worship, as well as great churches and temples, have all been constructed along these ley lines and power points. Down through your many lifetimes on Earth, you have been drawn to these places over and over again to receive spiritual sustenance, but much more has transpired than you realize. Each of you, either by your physical presence or in your nightly sojourns in the etheric, have received harmonious energy and encodings from these spiritually magnetized locations, but you have also helped to activate them and spread these currents of Light around the Earth. You have become both a sender and receiver of God Light from the Earth below and from the heavens above. The Earth's soul and the oversoul consciousness of humanity are once again becoming attuned, one with another.

I have been called the guardian overseer of humanity, and it is time for you to understand that the beloved Lady Mary is the feminine aspect of the Goddess assigned to oversee humanity's sojourn and descent throughout this universe as well. It has been our greatest honor and privilege to be with you, guiding, guarding and directing you every step along the way throughout the aeons of time as you journeyed forth on your assigned task of cocreating worlds and wondrous things without end.

Along with the Essence of the Creator, the memory of us coming together and overlighting you with our individualized Essence and love was buried deep within your soul and your memory so that even though you may have forgotten consciously, you could never forget within the memory of your soul-self.

King Arthur, The Lady of the Lake, Jo

an of Arc and many mythical historical characters each brought forth an extraordinary amount of Lady Mary's and my Essence in order to infuse it within the Earth's consciousness and within the hearts of humanity. This is why these myths never grow old, and why they have stayed near and dear to your hearts. They conjure up memories of the time we were together in the higher realms, before your mission into the worlds of density began. You are remembering our close and Divine connection, and as we are reunited in mind and heart it is a most joyous and gratifying time for us all.

In order to give you a greater understanding of what has taken place on Earth and how perfect the Creator's plan was and is, we will go back in your history to approximately 5,000 BC according to your timekeeping, to the time the Avatar Rama came to Earth. The Christed Being in human form called Rama, who brought forth to Earth the attributes, virtues and qualities of the Creator for that era, was overlighted with my Essence bearing the First Ray of Divine Will. Many of you are of my lineage and bear the Essence of angels within your DNA and soul. The difference is that Rama bore the greatest infusion of my Essence ever brought forth to Earth in order to lay the foundation for the future, this time we are in the midst of. The love of the Creator has always been the major overlighting focus with every Avatar, however, they bring forth different teachings, those which are best suited for the time and the level of humanity's awareness.

Following Rama, was Krishna, then Gautama Siddhartha, the Buddha, and numerous other Avatars. Archangel Mary, as the bearer of the Goddess energy or the feminine aspect of the Creator, played an important part in the lives of these great avatars. In Rama's life, his wife was overlighted with the Essence of Mary. In Krishna's life, it was a spiritual friend and companion, devoid of physical desire. Of course, Mary's best known role was the mother and mentor of Jesus. She has stayed in the background all these thousands of years, but her great love and devotion for the Creator and humanity has always been a major force on Earth and in the higher realms.

Many other great Beings of Light have visited the Earth over the ages, Lao-tzu, Confucius, Abraham, Moses and Mohammed to name only a few. The Beloved Kwan Yin was overlighted with the Essence of Lady Mary and brought the qualities of compassion, justice and healing to Earth. You are or should be familiar with these great ones, for they all portrayed particular facets, aspects and virtues of the Creator, and have played important roles on Earth as representatives of the Creator.

What is not widely understood is that the archangelic realm has also played an integral part in this Divine drama of descent into the worlds of material form. Throughout the ages, each archangel has played a predominant part in anchoring and radiating specific aspects, attributes, qualities and virtues of

the Creator. They have been attuned to and in communication with the great Avatars and have overlighted their great Essence with their own radiance and virtues. The Avatars were the physical, human representation of the Creator for a particular period of time, and the

archangelic Beings were their spiritual overlighting connection with our Father/Mother God.

This unique time has never before been experienced on Earth, and even though there are presently many beautiful Avatars and ascended masters on Earth, there will not be just one great Avatar sent to the Earth to overlight, guide and inspire humanity. Each of you has the potential of becoming an Avatar for these glorious times ahead. We gave you a golden promise, and that promise states that no matter how much or how little Christed Light or Essence of your Divine Self you brought forth with you at birth, you have the potential to draw forth all the magnificence of your God Ray and I AM Presence. That is what ascension is all about, returning to balance and harmony within your physical, mental, emotional and etheric bodies so that Spirit can descend and take dominion. However, you must remember, all that you draw forth you must use for the greatest good of all and then, beloved ones, even more will be given to you.

Beloveds, my flaming Sword of Light was fashioned by thought and energy from my innermost being, and infused with the dynamic energies of the Creator's First Ray of Divine Will. It is a sword of redemption, a sword of hope, a sword of freedom, a gift I offer you to sever the shackles of your own mis-creations, and to release you from the illusional bonds of the third/fourth dimension. It is using the awesome power of the First Ray of Divine Will and Power and the unmanifested primal life force substance to create anew in harmony with the Divine Will of the Creator. It is claiming, once more, your Divine right as a cocreator with our Father/Mother God.

The chalice we offer you in these times of great change is filled with the Elixir of Love/Light, the twelve-fold flame from our Father/Mother God. It contains the Cosmic Fire of new creation that will be used to mold the new Golden Galaxy and to expand this universe out into the void. Drink deeply my beloved and faithful ones, for you are the Star Seed of the future. We surround and enfold you in our auric field of love and protection. I AM Archangel Michael

TRANSMITTED THROUGH RONNA HERMAN * 6005 Clear Creek Dr., Reno, NV 89502 USA *

Email: RonnaStar@earthlink.net * Web Site: www.RonnaStar.com * Phone/Fax: 775-856-3654

Susan, web master for The Spirit of Ma'at web site magazine requested answers to several questions from AA Michael through me for their September issue called "Partnership with Angels." This month's message was also a request from Drunvalo and Susan in which they asked Michael to explain the Michael-Mary Connection

and why so many of the Christian churches bear the name, not of Christ or Jesus, but of Mary, Michael or both. Below are Beloved Michael's answers. Question: How are Archangels different from us in consciousness? AA Michael: Beloved masters, we are all that you are,

and we are also much more. We are in constant attunement with the God Mind and our Will is in perfect harmony with the Creator's Will. This is one of the major differences between the Angelic Kingdom and the Human Kingdom, we exemplify unconditional love and we bask in the sweet loving energy you send to us. Our greatest desire is to serve Humanity and to assist each of you on your path toward enlightenment. Question: What is like to be an Archangel? AA Michael: We have the ability to create a multitude of wondrous things instantaneously. However, we know that being cocreators with the Creator means using our gifts and abilities for the greatest good of all and in harmony with the Divine blueprint. We have great compassion for Humanity and the trials and tribulation you are experiencing on Earth, but we can only intercede within the framework of universal law and when you align your will with the Creator's Will. We have distinct personalities, and we also have our personal preferences and ways of doing things. Although we are androgynous, we often portray the attributes and qualities of one gender or the other. We can focus our consciousness on thousands of you at once, and we hear all your prayers and petitions. We see all things from a higher vantage point and know that ultimately ALL will be lifted and returned to their perfect estate. As it was in the beginning, it will be again. Question: How do angels see us as human beings? AA Michael: We see your radiance — or lack thereof — and we are aware of the vibrational patterns you emit, both positive and negative. Our connection to you and interactions with you become stronger as your auric field becomes more harmonious and you return to balance or are no longer projecting discordant energies. Our love for you is unconditional and eternal. Question: What is Humanity's relationship with the angelic kingdom? AA Michael: We, of the angelic realms, are functioning in the capacity of a transition team, you might say. We are the messengers of the Creator, and in times of great transition we are sent out as the advance guard to relay and transmit the thoughts of the God Mind to all of you in a way you can understand — a way that is acceptable to every race, religion, and culture. We have always had an intimate relationship with humanity, but you have been in a slumber and could not easily tap into our refined frequencies. We have always assisted you and protected you in whatever way was available to us or permissible within the laws of free will. However, because of the density of your Earth and your own auric fields, you were hardly ever aware of our presence. And so, Beloved Ones, call on us, and we will answer and assist you, but also

maintain or strengthen your relationship with whatever Avatar, Christed Being, or Ascended Master you relate to and resonate with. We know we all have an integral part to play in this grand scheme. We always work in harmony and synchronicity with each other, just as we are endeavoring to teach you to do. ***

Dear friends, Many of you have expressed disappointment because the Spiritweb site is no longer in operation. I would like to suggest that you visit Drunvalo's site as a guest and check it out. It is one of the most comprehensive, cutting-edge sites that I know of and contains a great variety of information from some of the best authors in the spiritual community. From past experience, I feel that Drunvalo is one of the purest, most loving souls on our planet, and he has so much wonderful, helpful information to share. There is

no longer a membership fee, I know you will be pleased with what you find on his site. The address is: www.spiritofmaat.com